



Riverside Community Health Foundation

Promoting Your Health

2025 Proposals Granted

\$258,425

RCHF Stebler Fund 2026 Grantees

- 1. Reach the Valley** **\$28,425**
To support the REACH Child Trauma Therapy Project in its provision of mental health services for children and youth under 18 in Riverside County who have experienced childhood abuse or neglect, or are victims of a violent crime. REACH's trained, trauma informed clinicians will provide 250 therapeutic sessions, employing evidence-based strategies demonstrated to be effective, with children, including sand tray therapy, somatic based modalities, animal assisted play therapy, art therapy, and general play therapy.
Stebler Distribution/ December 2025
- 2. University of California Riverside - School of Medicine - Psychiatry & Neuroscience** **\$30,000**
To support the University of California Riverside - School of Medicine's Department of Psychiatry & Neuroscience in its provision of evidence-based and trauma-informed mental health care for 100 children and adolescents under 18 in Riverside County. Activities include (1) STAR, a trauma therapy program offering in-person services in Riverside and telehealth services countywide; (2) Desert Hot Springs CAREspace, a school-linked behavioral health program conducted within RCOE's CAREspace initiative; and (3) drop-in mental health services at a UCR free clinic for uninsured residents of the Coachella Valley.
Stebler Distribution/ December 2025

RCHF Pathways to Health 2026 Grantees

- 3. ABC Hopes** **\$40,000**
To support ABC Hopes in promoting physical and mental health for 75 individuals with developmental disabilities through physical fitness classes, nutrition education, and mental health services, effectively reducing risk factors for chronic disease and mental health issues for program participants. All activities will take place at the WhereHouse in Corona, with virtual access available for participants unable to attend in person.
General Distribution/ December 2025
- 4. Inland Counties Legal Services** **\$40,000**
To support Inland Counties Legal Services' Health Law and Pro Bono Programs which work to advance health equity in the Riverside region by reducing legal barriers that prevent vulnerable populations from accessing and maintaining quality healthcare. Serving 100 individuals, activities will include: free legal consultations and direct representation; legal education and outreach to increase awareness of legal rights related to healthcare access; and legal support for individuals living with HIV.
General Distribution/ December 2025

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| 5. | North County Health Project Inc dba TrueCare | \$40,000 |
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| <p>To support North County Health Project dba TrueCare’s initiative to reduce chronic disease disparities and improve access to preventive health services in Perris, Moreno Valley, and surrounding communities by delivering culturally responsive education, screenings, and support services through trusted community-based outreach, care coordination, and culturally and linguistically appropriate communication strategies. This project will serve 3,000 medically underserved individuals disproportionately impacted by chronic disease and barriers to care.</p> <p>General Distribution/ December 2025</p> | | |
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| 6. | Reach Out | \$40,000 |
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| <p>To support Reach Out’s “Pathways to Access: Rapid Response & Trust-Based Outreach” project, strengthening equitable, timely access to preventive and mental health care for 900 individuals across Riverside, Jurupa Valley, Moreno Valley, and Corona through coordinated outreach, navigation, and rapid response systems that bridge fear, stigma, and system gaps by meeting people where they are. Activities include bilingual outreach and health education sessions, individualized navigation support, and trust-based outreach.</p> <p>General Distribution/ December 2025</p> | | |
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| 7. | South Asian Network, Inc. | \$40,000 |
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| <p>To support the “Desi Health Access and Prevention” Project, improving culturally and linguistically competent healthcare access and chronic disease prevention for South Asian residents of the Greater Riverside Area. Serving 3,000 individuals through health navigation and enrollment assistance, culturally tailored health education workshops and events, and multilingual health education materials, the project will address health inequities among Bangladeshi, Indian, Pakistani, Nepali, and Sri Lankan immigrants who face significant barriers to care due to language isolation, limited health literacy, and lack of trusted, in-language providers.</p> <p>General Distribution/ December 2025</p> | | |