



Riverside
COMMUNITY
HEALTH
FOUNDATION

2025

ANNUAL REPORT

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WHO WE ARE

In 1997, Riverside Community Health Foundation was born from a shared belief that everyone deserves the opportunity to live a healthy, thriving life. What began as a focused effort to address a few critical needs has grown into a far-reaching network of health centers, community programs, and advocacy initiatives that uplift thousands of lives each year.

Along the way, we have expanded what is possible. We have created welcoming, accessible health centers where uninsured and underinsured residents can find care and dignity. We have championed prevention, supporting healthier futures through programs in pediatric oral health, nutrition, active living, mental wellness, teen health, and chronic disease management. And we have built lasting partnerships with schools, businesses, civic organizations, and community members, because real change happens when communities come together.

Our journey is driven not only by what we have accomplished together, but by the vision we continue to pursue, a future where health and opportunity are within reach for all.

As we approach our 30th year in service, at RCHF, we believe health is more than care, it is hope, empowerment, and equity in action.

Message from the Acting President/CEO

Dear Friends, Partners, and Community,

As we reflect on the past year, I am both proud and inspired by the continued commitment of our Board of Directors and staff at Riverside Community Health Foundation to improving the health and well-being of our community. Our mission remains the foundation of all we do, guiding our efforts to respond thoughtfully and effectively to the evolving needs of the residents we serve.

This year presented a challenging and uncertain environment, shaped by a shift in federal funding and priorities along with broader economic and social pressures. Yet, through strategic adaptability, we remained steady in our purpose. We leaned into collaboration and community-driven solutions to ensure that essential services continued to reach those who needed them most.

A powerful example of this commitment was demonstrated through our work at Community Settlement Association. During a time of uncertainty, our team rose to meet urgent needs by providing critical food assistance to families across our neighborhoods. Their responsiveness and dedication helped bring stability and relief to many households facing hardship.

2025 was also marked by meaningful achievements and well-deserved recognition. In May, our Eastside HEAL (Healthy Eating Active Living) Zone program was honored with the Advancing Diversity and Social Change Award by the American Planning Association, Inland Empire Section. In June, Riverside Community Health Foundation received the Community Service Award at the 34th General Assembly and Leadership Address by the Western Riverside Council of Governments. The year culminated in September when the Eastside HEAL Zone earned the 2025 APA California Advancing Diversity and Social Change in Honor of Paul Davidoff Award of Excellence. We are truly honored and humbled by these acknowledgments, which reflect the dedication of our staff, partners, and community members.

As we look ahead, we are thoughtfully refining our program priorities to respond to the evolving needs of our communities. This strategic alignment strengthens our ability to remain resilient, community-centered, deepen our impact, and continue advancing community health through meaningful, collaborative, and responsive work.

I am deeply grateful to our partners, supporters, and community leaders who make this work possible. Together, we are building a healthier and stronger future for Riverside.



With gratitude,

A handwritten signature in black ink that reads "Ninfa E. Delgado". The signature is fluid and cursive.

Ninfa E. Delgado, MPA
Acting President/Chief Executive Officer



OUR MISSION IS CLEAR

To improve the health and well-being of our community.

Throughout the years we have been able to put our mission into action by expanding access to healthcare, advancing education, and fostering partnerships that empower individuals to lead healthier lives.

This mission drives every program, every service, and every initiative we undertake. Whether it is through health education, mental health resources, or nutrition education, we are committed to ensuring that no one in Riverside is left behind.

OUR VISION

To inspire a healthier, happier, and more active community for generations to come.

Imagine a Riverside where:

- Every child has access to preventive care and wellness programs.
- Every family has the resources to make healthy choices.
- Every senior receives quality care, social support, and respect.
- Every individual, regardless of income, has access to health care services.

We are building this future together to last for generations to come. We envision a community where health disparities no longer define outcomes, where wellness is a shared value, and where every person is empowered to live a full and healthy life.

Our journey began with a simple yet powerful belief: that **everyone deserves access to quality healthcare and the opportunity to live a healthy life**. From our earliest days, we have been more than an organization. We have been a lifeline, a champion for the underserved, and a partner in building a healthier Riverside.



THE VALUES

That Guide Us

Our foundation is built on unwavering values:

- **Integrity** - We are committed to inspiring trust, credibility, and excellence in all that we do.
- **Inclusiveness** - We value the unique qualities of others, treating everyone with dignity and respect.
- **Leadership** - We prioritize taking the time to listen to others, always acting for the greater good, formulating solutions and action plans to bring forth the greatest impact.
- **Community** - We are community-centered and driven, dedicated to meeting the health needs of our community and mobilizing our communities as a powerful force for wellness.
- **Partnership** - We believe that through collaboration we can accomplish more together to create long lasting community change.
- **Teamwork** - We are service-oriented, serving with purpose in a shared responsibility to meet our mission.

MAKING AN IMPACT

At Riverside Community Health Foundation, we believe in building relationships. Our culture is centered around:

- **Community-Centered Care:** Meeting people where they are, in health centers, schools, and neighborhoods.
- **Preventative Health Education:** Empowering individuals to take charge of their health and well-being.
- **Whole-Person Healing:** Addressing physical, mental, and emotional health together.

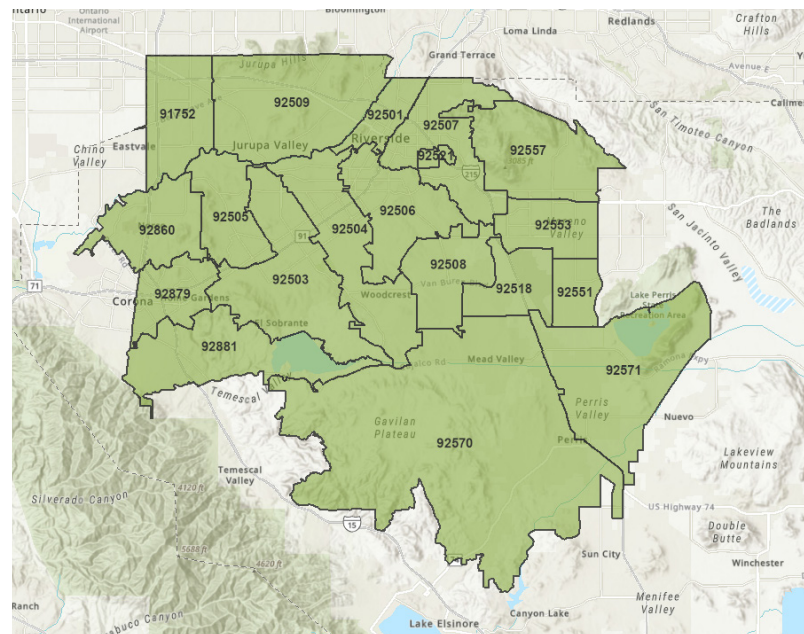
We believe that true wellness is a journey, not just a destination, and we walk alongside our community every step of the way.



WHO WE SERVE

The Riverside Community Health Foundation (RCHF) has served the local community as a 501(c)3 nonprofit public charity since 1997. With the mission of enhancing the health and well-being of Riverside County residents within our service area, RCHF operates several community health centers in the Eastside and Arlanza neighborhoods to support underserved populations. Additionally, RCHF offers a range of health education programs, from diabetes prevention and management classes to support services for cancer survivors. RCHF also funds and collaborates with other nonprofit organizations that align with its mission.

RCHF service area includes the cities of Riverside, Jurupa Valley, Perris, Moreno Valley, Corona, and Norco within the following zip codes: 92501, 92502, 92503, 92504, 92505, 92506, 92507, 92508, 92509, 92518, 92521, 92522, 92551, 92553, 92557, 92570, 92571, 91752; 92860, 92879; and 92881.



HEALTH STRATEGIES PROGRAMS

FOCUS AREAS AND COMMUNITY IMPACT



The Health Strategies Team is dedicated to improving the well-being of our community by focusing on four key areas:

- 1** Chronic Disease Prevention & Management
- 2** Women's and Maternal Health
- 3** Teen Health
- 4** Community Health



Each area offers a variety of programs and services designed to meet the specific needs of residents.

CHRONIC DISEASE PREVENTION AND MANAGEMENT

is dedicated to helping our residents prevent and manage chronic conditions such as diabetes, hypertension, and heart disease. Through evidence-based programs, hands-on education, and supportive lifestyle changes, we empower individuals to take charge of their health and build lasting habits for a healthier life.



PROGRAM SPOTLIGHT

Pulse of Change

Reducing Hypertension in the Black Community

Riverside Community Health Foundation is honored to be one of only eight organizations statewide selected by the California Health Care Foundation (CHCF) to implement Pulse of Change, a call for projects that would improve clinical quality of black Californians. RCHF piloted this two-year initiative, spanning June 2024 through July 2026. It is dedicated to reducing hypertension and heart disease risk among Black residents of Riverside County through culturally responsive education, screening, and support.

We train Community Health Workers to provide expert, compassionate guidance. Participants benefit from free mobile blood pressure screenings, referrals to trusted providers, and ongoing education and monitoring.



Hypertension Screening Event



Participant feedback has been exceptionally positive. One shared, “I love this group! The knowledge is great, and they know how to explain things so I can understand.” Program evaluations reinforce this enthusiasm: 94% rated the quality of presentations “Excellent,” 97% gave the highest marks for presenter engagement, and 98% found the information clear and accessible.

Pulse of Change shows that community-based support can improve cardiovascular health. With CHCF’s partnership, the work of our Community Health Workers, and the engagement of participants, the program is achieving measurable improvements for Riverside residents.



Maria Elena Playtex and Ana Aguilera

Finding Strength and Serenity Through Movement

Two participants in our physical activity programs, Mrs. Maria Elena Playtex and Mrs. Ana Aguilera, offer powerful examples of how movement based and mind body classes support wellbeing across different stages of life and personal circumstances.

At 91, Mrs. Maria Elena Playtex regularly shares how much the classes contribute to her overall wellbeing. She often arrives with joint pain, yet once the music begins and she starts to move, she says the discomfort eases and her energy lifts. She rarely misses a session and stays fully engaged, bringing warmth and encouragement to the group. Her experience reflects the value of low impact movement, routine activity, and social connection in supporting healthy aging, mobility, and quality of life for older adults.

Mrs. Ana Aguilera participates in both Zumba Gold and Tai Chi and has spoken about the meaningful emotional relief she experienced through Tai Chi. After her first class, she described feeling deeply relaxed and emotionally

unburdened, an experience so strong it brought her to tears. At the time, she was navigating significant caregiving stress while supporting her daughter's needs. The class offered her a rare moment of calm, emotional release, and personal respite. Her experience highlights how mind body practices can help reduce stress, support emotional health, and strengthen caregiver well-being.

Together, their stories illustrate the broad impact of accessible physical activity programs, from supporting healthy aging to providing emotional relief during challenging times.



Zumba Gold Session

THE PINK RIBBON PLACE

The goal of The Pink Ribbon Place is to improve the quality of life for individuals and families impacted by cancer. Since its inception, the program has served individuals and families impacted by cancer in the City of Riverside and surrounding areas by offering services and resources at no cost.

This year, we served 392 clients across our programs and welcomed more than 1,100 attendees to our annual Pink on Parade event in October, which raises awareness and honors cancer survivors.



The Pink Ribbon Place Garden Tea Party event

392 CLIENTS
123 MASTECTOMY BRAS
112 WIGS



Supporting Survivors Through the Product Bank

Demand for our Product Bank increased significantly this year. We distributed 609 items to 123 clients, three times the volume from the previous year. The most requested items included 123 mastectomy bras and 112 wigs.

We help ease the emotional burden of hair loss during treatment by providing high-quality wigs. Our Bra Bank offers mastectomy bras, silicone prostheses, and fittings for those who have undergone mastectomy, double mastectomy, or lumpectomy, providing both short-term and long-term solutions.



Salon Stong Event - October 2025

Women's Cancer Seminar



In August 2025, we hosted two Women's Cancer Seminars at the Orange Terrace Community Center, one in English (August 15) and one in Spanish (August 16), bringing together 197 registered attendees (99 English, 98 Spanish). Across both days, participants described the seminars as "a space to heal together," reflecting the supportive environment created through education, connection, and shared experience.

The sessions offered motivation and practical strategies for survivorship, covering recurrence risks, healthy living, survivor-caregiver dynamics, financial and emotional challenges, self-compassion, and the importance of community support. For some, it was their first time attending "Was my first time and I enjoyed it" while others returned year after year, noting, "This is my 4th conference, and I appreciate all the work put into it!"

These expressions of gratitude and the strong outcomes underscore the value of culturally responsive, community centered support. With the dedication of donors,



volunteers, staff, and every person who walks alongside us, The Pink Ribbon Place continues to provide support, strength, and healing for Riverside's cancer community.

CLIENT REFLECTIONS

Stacey A. Lopez

"The Pink Ribbon Place has been a light in the darkness during my cancer journey. Lately it's been a challenge to feel pretty. Organizations such as the Pink Ribbon Place are a Godsend! Thank you from the bottom of my heart. This survivor appreciates you so much!"



Maletha Thomas

"I am a survivor of stage 4 cancer and currently in remission. I found out about the Pink Ribbon Place on the internet. I currently attended a Pink Bag Event. I didn't know anyone but they welcomed me in like family. I didn't know how much support I needed. These group of ladies is super amazing. They offer massages, bras, wigs and LOVE. Keep up the great work."

PINK RIBBON THRIFT



Pink Ribbon Thrift volunteer of six years, Cyndi



Pink Ribbon Thrift is a boutique-style thrift shop that supports The Pink Ribbon Place. Located at 5924 Magnolia Avenue in Riverside, the shop offers a wide selection of items, including women's clothing, shoes, and accessories; men's clothing and shoes; home goods; small furniture; vintage pieces; designer items; collectibles, and more.

Operated by a dedicated team of 12 volunteers and 2 staff members, Pink Ribbon Thrift is more than just a retail space. It serves as a way to connect with the community and raise awareness about The Pink Ribbon Place, all while giving people the opportunity to donate items in support of a cause they care about.

Pink on Parade



On Saturday, October 18, 2025, Riverside Community Health Foundation hosted Pink on Parade at Ryan Bonaminio Park, our annual signature event dedicated to raising breast cancer awareness and supporting the services of The Pink Ribbon Place.

This year's gathering drew 751 walkers and 89 car-show attendees. The event was supported by 167 volunteers, 41 staff members, and 130 vendor participants (from 55 vendors). Highlights included a 5K walk to Mt. Rubidoux, a 1.7K Family Fun Walk around the park, a lively Vendor Expo, food and drink options, a Classic Car Show featuring 64 show cars, family-friendly activities, and a heartfelt Survivor Celebration.

The event raised \$54,340, providing critical funding for no-cost counseling, support groups, product bank items, and other resources that help individuals and families affected by cancer in our community.



1,100+
ATTENDEES

751
WALKERS

\$54,300
RAISED

Thank
you to our
2025 Pink
on Parade
sponsor





JAN
Abundant Birth Project



Notre Dame High S



FEB
Pink Ribbon Place Craft Day

12 MONTHS of making a difference.

"Every movement begins with a moment of need. Our story began with a call to action."

*-Ninfa Delgado
Acting President & CEO of
Riverside Community Health Foundation*



JUL
Youth Advisor Bake Off



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com
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has

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Arizon



AUG
Aqua Zumba

MAR
School Check Presentation



MAY
Salud Integral de la Mujer

APR
SHARP Senior Health Workshop



JUN
WRCOG Award

"The Foundation came to our senior community, of primarily low to moderate income, predominantly black residents, and has been essential to their well-being."

-Tanya Humphrey
Community Expert

"Providing support, education, and advocacy is a vital service, and I am deeply grateful for your commitment to making a positive difference in the lives of so many."

-Crystal Saldana
Client of The Pink Ribbon Place

SEP
Community Garden



OCT
Pink on Parade



NOV
Bici-Cle-Arte



DEC
Holiday Posada

WOMEN'S & MATERNAL HEALTH

In 2025, the Women's and Maternal Health team at Riverside Community Health Foundation continued its commitment to providing essential education, resources, and support so women and mothers can navigate their health journeys with greater confidence. Through targeted programs and community outreach, we reached 558 individuals directly and engaged 4,700 residents through broader promotion and events.

PROGRAM SPOTLIGHT

Abundant Birth Project

Riverside County is one of four California counties participating in the California Abundant Birth Project (ABP), a guaranteed income initiative led locally by RCHF in partnership with Expecting Justice and community collaborators. The program provides \$616 per month in unconditional cash to pregnant individuals at highest risk of preterm birth, starting in the first or second trimester and continuing for 12–18 months. This financial support aims to reduce stress, improve maternal and infant health outcomes, and give families greater stability during a critical time.

Eligibility targets Riverside County residents who are 8–27 weeks pregnant, have a household income under \$81,581, and identify with one or more risk factors such as Black/African American identity, previous preterm birth, preexisting hypertension, preexisting diabetes, or sickle cell anemia—while not participating in another guaranteed income program. Participants are selected randomly through bi-monthly Abundance Drawings after eligibility confirmation. This year, we enrolled 101 individuals.

The true value of ABP emerges in the stories of the mothers it supports. These experiences illustrate how the combination of financial relief, timely referrals, doula access, lactation support, and ongoing check-ins creates a safety net that helps participants navigate pregnancy and early motherhood with greater confidence and connection.

Ellise Rodgers shared how the program met her at a vulnerable moment: “When I first applied to be a part of the Abundant Birth Project (ABP), I didn’t know what to expect. I was pregnant with my first baby alone and needed all the



help I could get... I remember looking at the flyer and seeing prideful pregnant black mothers. I wanted that for myself.”

She was amazed by the quick response from RCHF’s Women’s and Maternal health team: immediate assistance, referrals for prenatal exams, and the emotional milestone of hearing her son’s heartbeat for the first time with Nurse Jojo. “That was the moment I fell in love. The [RCHF] staff held my hand throughout the whole pregnancy which made my situation feel that much more real.”

Facing the fear of giving birth alone, Ellise expressed her concerns to Mama Lee, who connected her with a doula through the Sankofa Birth Workers Collective of the Inland Empire. That support proved essential: “I don’t think I could have survived the experience without my Doula.” Postpartum, ongoing check-ins and lactation consultants helped her breastfeed successfully. “My son is almost a year and I’m still going strong... I think everyone should have access to this program. I am beyond blessed... My son and I are forever grateful for ABP!”



Stephanie's Mamás y Bebés Experience

Designed for pregnant mothers and mothers with babies up to one year of age, the Mothers and Babies Program (MyB) consists of a series of 8 sessions that provide skills and strategies to enjoy a healthy pregnancy and motherhood. This program is made possible through funding from Riverside University Health System – Behavioral Health. A mother, Stephanie Gabriela Garcia Mayen, from the program, shared her pregnancy experiences.

Stephanie related what she felt when found out she was going to be a mother. "...fear and happiness embraced me at the same time. Everything was going well until the storm arrived and my romantic relationship fell apart. I did not know how this would affect the development of my pregnancy, and that it would not only affect me, but also my baby's life. It reached the point of a threatened miscarriage, a high-risk pregnancy diagnosis, and I suffered greatly thinking that I could lose him."

"I asked God for the opportunity to see my son be born, because he is everything I have, and He listened to me. I learned about the Moms and Babies classes, and although I hesitated because I was afraid to open my heart and expose

"The best Christmas gift I could ever receive"

my emotions and vulnerability, I needed to be supported and heard. I felt stuck, unable to move forward, as if I couldn't find a way out. But my love for my son is stronger, and I gave myself the opportunity."

Through peer supports, advice, shared own life experiences, she learned how and what she can do the best to care for herself along the journey as a first-time mother- eating well, sleeping, resting, and asking for help when needed.

"I am just hours away from meeting the love of my life. I asked God for a man who would love me, and that man will be my little Liam, the best Christmas gift I could ever receive. Thanks to the program, the support of the facilitators, and the moms, my mental health improved. I now feel free, capable, and confident in my ability to care for my child, knowing that I will be the best mother for him."

"Thank you, Mothers and Babies Program, for the support, resources, and companionship.

Even though the program has ended, the friendships and the connection with others who are going through the same experience are invaluable, because I no longer feel alone.

Now I feel strong and able to advocate for my family's needs, especially for the care and well-being of my baby."

TEEN HEALTH

The Teen Health team at Riverside Community Health Foundation empowers young people with accurate information and resources to make informed decisions about their sexual and reproductive health, while also supporting parents in building stronger, more open communication with their teens.



Youth Advisor Bake Off, 2025

PROGRAM SPOTLIGHT

Youth Advisor Program

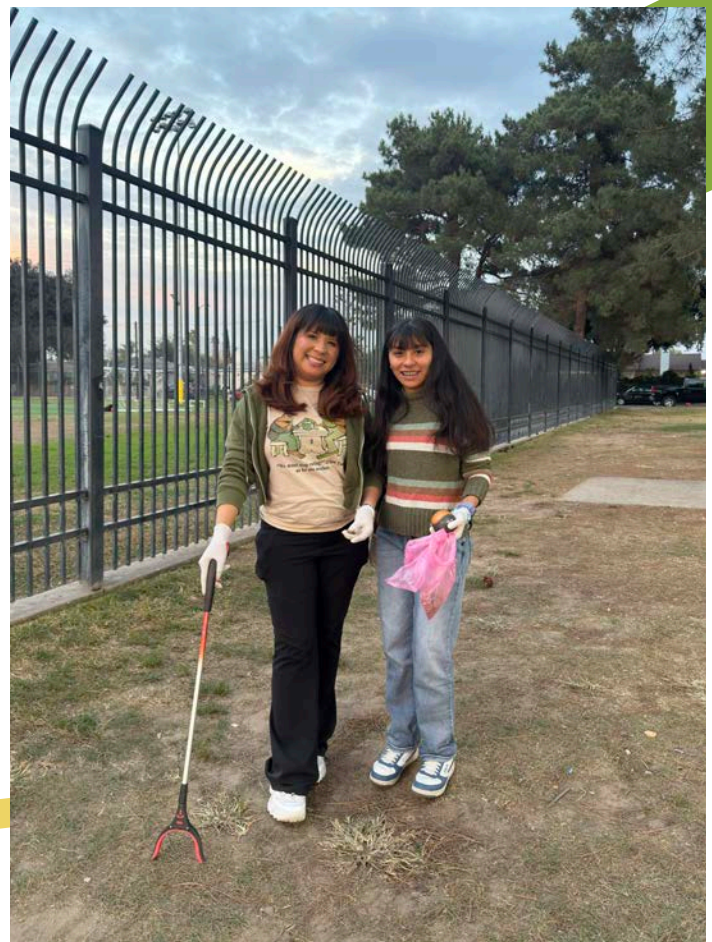
Empowering Youth Through the Youth Advisor Program

Our Youth Advisor Program, funded by the Information & Education grant from Adolescent Sexual Health Education, has successfully recruited 15 talented young leaders who play a vital role in shaping and expanding our Teen Health initiatives. These youth advisors receive comprehensive training in leadership, sexual and reproductive health, peer counseling, confidentiality, and mental health. With this foundation, they provide accurate information, facilitate peer outreach, and deliver engaging health education in schools, teen clinics, and community settings.

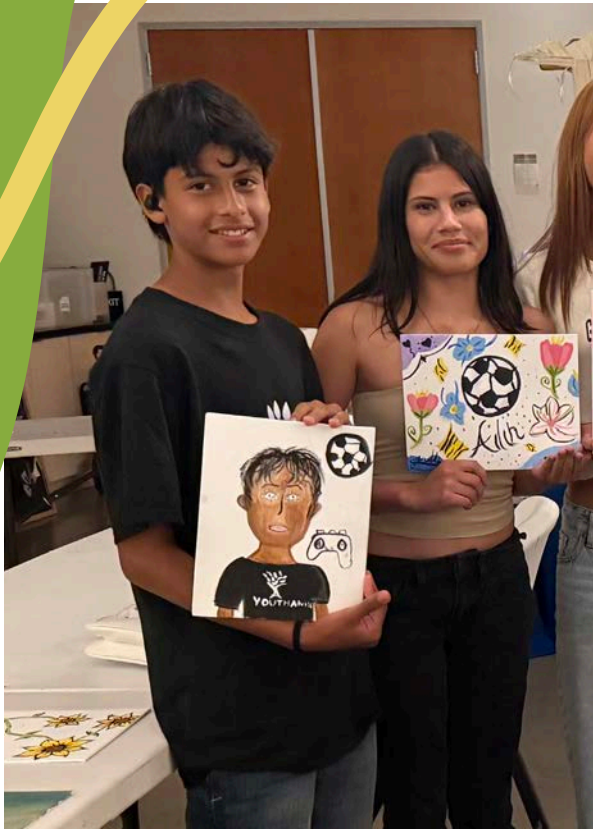
Advisors earn a stipend of \$15 per hour for up to five hours per week, along with transportation assistance, enabling meaningful participation. They collaborate closely with RCHF staff on a variety of activities, including Pop-Up Labs, outreach tabling, teen clinic support, and the creation of social media content—all focused on promoting healthy behaviors and improving sexual and reproductive health outcomes among Riverside County youth.



FACTS Resource Table



Bobby Bonds Park Clean Up



Ailin and Steven Perez

From Participants to Leaders

The real impact of the Youth Advisor Program often shows most clearly in the lives it touches. In May 2025, Angelica, a mother of two, attended a parent meeting at RUSD's Family Resource Center and learned about the Making Proud Choices sexual and reproductive health curriculum offered by Riverside Community Health Foundation. Hoping to support her children's growth and well-being, she enrolled her 15-year-old daughter Ailin (a Ramona High School student) and her 12-year-old son Steven (La Sierra Middle School student) in the curriculum. She had no idea how deeply the program would influence their lives.

At first, both siblings found their initial session "awkward." But the experience quickly evolved into something meaningful and transformative. Steven, who is naturally shy, began to open up. Through the Youth Advisor program, he formed lasting friendships, built self-confidence, and gained practical skills to make healthy decisions in future relationships. Today, he proudly shares what he's learned with classmates, educating his peers about preventing unplanned pregnancies and sexually transmitted infections.

Ailin discovered empowerment through the program's creative approach to health education. Whether participating in a bake-off contest that combined cultural recipes with thoughtful discussions on sexual health or helping manage the Teen Health Facts online store—providing free menstrual and contraceptive products—she saw that learning about health could be engaging, supportive, and free of stigma.

Both siblings now volunteer regularly at the RCHF. Ailin notes that, unlike other volunteer experiences that feel like "dreadful work," she looks forward to her time at RCHF because of the welcoming, judgment-free environment created by staff and fellow teens. Together, Ailin and Steven have joined Healing Circles, assisted with online store orders, and participated in community events like the paint-and-sip activity. They have grown into confident leaders, mentors, and positive role models for their peers.

What began as a simple workshop registration for Angelica has become so much more: a pathway for her children to feel supported, connected, and empowered. For Ailin and Steven, RCHF has become more than just a program—it has become a second home. Their stories illustrate the powerful, lasting impact of youth leadership and peer-driven health education in our community.

COMMUNITY HEALTH

A healthy, vibrant community is the foundation of wellness for all residents. The Community Health team at Riverside Community Health Foundation leads by empowering residents to identify local challenges, collaborate on solutions, and drive meaningful change. Our team works hand-in-hand with residents, local officials, and partner organizations through resident-led initiatives, events, and programs that build leadership, strengthen neighborhoods, and promote health equity.



PROGRAM SPOTLIGHT

Abriendo Puertas/Opening Doors

Helping Families Thrive

Abriendo Puertas/Opening Doors (AP/OD) is a 10-session parenting and advocacy program offered in both English and Spanish, created for low-income parents of children ages 0–5. The curriculum equips families with practical, research-based knowledge on language and literacy development, early math skills, school readiness, socioemotional growth, and the impact of toxic stress, empowering parents to become confident advocates and intentional caregivers for their children's lifelong success.

In 2025, our Community Health team successfully facilitated three cohorts (in both languages) and graduated 33 residents, helping families across Riverside strengthen their parenting skills and build stronger bonds with their young children.

Oralia Young and Rogelio Castillo, parents of three children (ages 19, 4, and 3) from the Arlanza area, learned about the program through school portal announcements. They initially joined hoping to spend more quality time with their youngest through play and reading, but the sessions quickly became a meaningful way to break from routine and deepen family connections. Oralia gained new insight into the importance of emotional interaction beyond providing basic needs, with the spider web activity showing how negative words or limited engagement can affect brain development. Rogelio appreciated how sharing stories with other parents helped him feel less alone and more relaxed as a father—he learned that children need presence and attention more than material things. The book-writing activity was especially powerful: they created a personal story together, shared it with extended



The Castillo Family

family during a vacation, and left a lasting legacy for their children. Both parents praised the facilitators for creating a welcoming, easy-to-follow environment and strongly recommend the program, with Oralia even suggesting it to her sister in another county.

Through Abriendo Puertas / Opening Doors, families like Oralia and Rogelio's are gaining tools, confidence, and connection, building stronger foundations for their children and their communities. We are grateful to every parent who participated and to our facilitators for making this program such a meaningful resource in 2025.

PARTICIPANT REFLECTIONS

David Santiago

Healthy Living Project and RLA participant

David Santiago, who first joined the Healthy Living Project (HLP) as a participant and later became an active member of the Resident Leadership Academy (RLA) working on a community improvement project, reflected on how HLP shaped his growth and involvement. He shared:

“The HLP group has given me the opportunity to better my community because of how it is able to allocate resources to help specific issues. Not only this but HLP has taught me leadership and communications skills that have allowed me to better inform my community with key issues. It is a program based on community involvement and important to create a safer place for people to get involved.”



Jaime O'Rafferty

Community Improvement Project Participant

Jaime O'Rafferty, a staff member at Norte Vista High School, took the class with our Train the Trainer group and has helped the RCHF Community Health team work on various CIP projects as part of the Connecting Neighbors to Neighbors Grant in Arlanza.

“Norte Vista High School students in the Green Construction academy and other CTE programs and clubs are proud to be able to serve the Arlanza community by building garden beds for the Arlanza garden. We are thankful for the partnership of Riverside Community Health Foundation and the Neighbor-to-Neighbor Grant.”

COMMUNITY SETTLEMENT ASSOCIATION

Serving the Riverside Community for 114 Years

Community Settlement Association (CSA) serves as a welcoming, central hub where families and individuals receive practical support to build stronger, more self-sufficient lives. Guided by its mission to foster a collaborative community rooted in family wellness, education, civic engagement, cultural awareness, and capacity building, CSA provides a wide range of free programs and services.



In 2025, Community Settlement Association recorded **22,718 client encounters**, with 84% occurring through its highly successful food pantry. The organization welcomed **778 new clients** into its programs and services throughout the year.

22,718 client encounters in 2025

Connecting Residents to Opportunity

CSA connects residents with the tools, resources, and relationships that support long term stability and upward mobility. Through both individualized social services and community wide job and resource fairs, residents gain access to education, employment pathways, and essential supports that help them move toward greater self sufficiency.

Our **social services** program offers free, comprehensive assistance for adults, children, and families. Services include career coaching, résumé and interview preparation, citizenship classes, college application support, court document preparation, translation services, and access to the diaper bank. This year, staff facilitated **520 social service appointments**, helping residents navigate complex systems and take meaningful steps toward their goals.

To expand access beyond one on one appointments, CSA also hosted **job and resource fairs** made possible through funding from the Transformative Climate Communities(TCC) grant that connected job seekers with employers and provided timely information on housing assistance, homeownership programs, and local development initiatives. Ninety-six residents participated, gaining insight into opportunities and policies shaping the Eastside community.



Engagement, Learning, and Community Support

Beyond direct services, Community Settlement Association (CSA) offered a range of programs that helped residents build skills, support their health, strengthen finances, and stay connected. Partnering with various organizations such as Altura Credit Union, Vision Y Compromiso, Human Migration Institute, Riverside Unified School District Family Resource Center, Planned Parenthood and many more.

Community Connection

Coffee in the Community: 181 encounters
Immigration Workshop with TODEC Legal Center: 14 participants

Education & Skill Building

Digital Literacy (with Riverside Unified School District): 108 residents
English as a Second Language (ESL) with Human Migration Institute: 1,234 encounters

Health & Wellness

Gardening Classes: 26 participants
Nutrition Classes: 25 participants
Mental Health Education: 17 participants
Mamás y Bebés Program: 48 participants
Walking Club: 78 encounters

Financial Empowerment

TCC Small Business Workshops with Caravanserai Project: 74 encounters
Estate Planning Seminar with Prose Legal Services: 16 participants

Arts & Cultural Expression

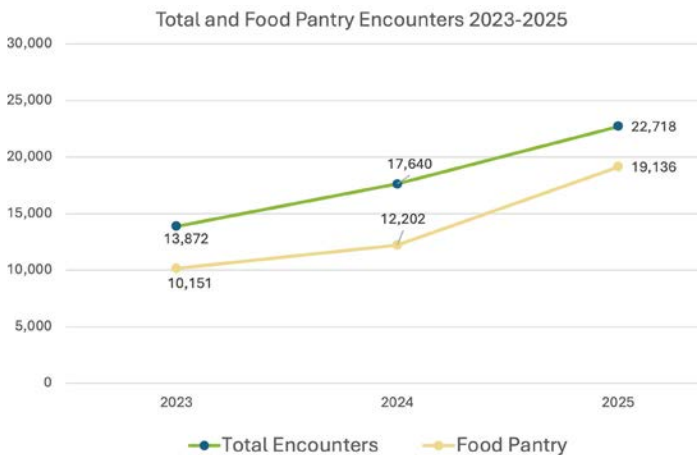
Azteca Dance Classes with Corazón Counseling for Dance: 59 encounters
Creative Community Workshops with Silvia Rodriguez Smith: 70 participants





Meeting Community Need Through the Food Pantry

The food pantry remains the cornerstone of CSA's impact. Generous donations from local partners include Trader Joe's, Smart & Final, and Food 4 Less. They enabled CSA to distribute more than **335,000 pounds** (nearly 168 tons) of food and supplies. This supported **19,136 individuals** in 2025, a **57% increase** from the previous year and an 89% increase since 2023. Among those served, **2,797 individuals** accessed the pantry in 2025, including **517 new clients** (18% of the total). CSA partners with Feeding America and Inland Harvest as a food rescue pantry to pick up generous donations from local partners.



Supporting Families with Everyday Essentials

The clothing closet provided essential items to **725 individuals**, helping meet basic needs with dignity. The diaper bank supplied diapers to **304 individuals**, offering meaningful relief to families with young children.



Lorena Jimenez

Finding Community, Friendship, and Support

“Being part of the programs at CSA has helped me. I have learned a lot from the classes that are offered. I learned about gardening; I took part in the counseling classes. I participated in the small business workshops. I’m now taking part of computer classes to learn about computers. I am currently volunteering at the veggie distribution and my family and I have volunteered on many occasions. We volunteered to make garden boxes for the community. I am in ESL classes too. I receive food from the food pantry as well. I like the staff at CSA there is no discrimination, I have made friends here and they are all nice. We have all been part of the community and I enjoy being part and coming to the center at CSA.”



Maria Flores

A Place That Helps My Family Thrive

“I have been coming to CSA since February 2025. Being part of CSA and coming to this center has been of great service. I came to CSA when a friend gave me their number and I came to their veggie distribution. I started talking to CSA staff and they shared with me the services they offer such as ESL. At that time, I was going through a hard time in my life. When art therapy was offered it helped me, being able to talk to someone and express myself was of great service to me. Coming to CSA has given me free time instead of being home alone as most seniors are. Being part of ESL has helped me a lot too. I receive food from the pantry, I take part in the walking club and I donate clothing to the clothing closet when I can. My granddaughter had also benefited from the CSA, last summer she joined the Boys and Girls Club, she made friends there and she wants to return this summer. Coming here helped me get out of the state I was in and I feel so much happier and better.”



NEIGHBORHOOD HEALTH CARE

Partnering for Accessible Care

Through our longstanding partnership with **Neighborhood Healthcare**, Riverside Community Health Foundation operates three community health centers, **Eastside Health Center Building A**, **Eastside Health Center Building B**, and **Arlanza Family Health Center**, delivering high-quality, affordable care right where Riverside residents live, work, and gather.

These health centers accept Medi-Cal, Medicare, and other insurance plans, offering a full range of services including primary care, pediatrics, women’s health, prenatal care, dental services, behavioral health support, and expanded specialties such as acupuncture and chiropractic care. As a nonprofit dedicated to empowering individuals and families, Neighborhood Healthcare shares our commitment to providing compassionate, culturally responsive care regardless of income, background, or circumstance.

By removing barriers to access, our clinics go beyond treating immediate needs. They build pathways to lasting wellness through preventive services, chronic disease management, mental health resources, and trusted relationships with providers who know the community.



In 2025, the impact was clear and growing:

- We served **14,565 unique patients**, with **79%** living in our core service area zip codes.
- Total visits reached **70,262**—a **32% increase** since 2023 and averaging more than **5,850 visits per month**.

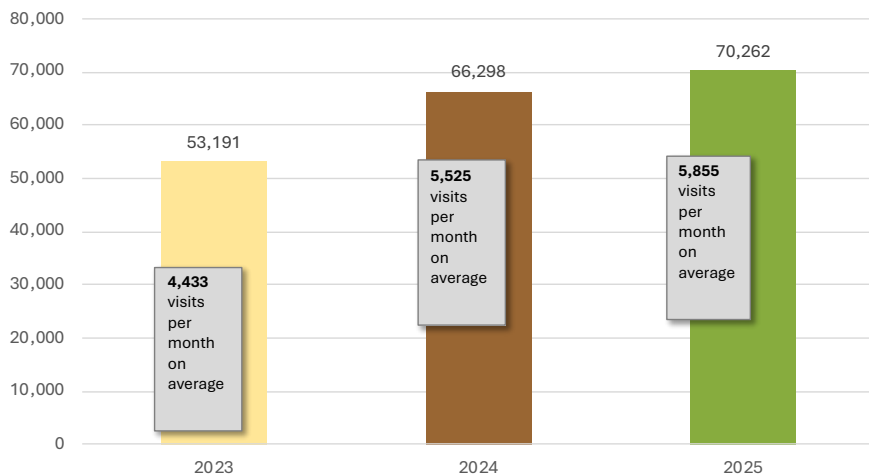
Breakdown by location:

- **Arlanza Family Health Center: 37,901 visits** (31,825 medical + 6,076 dental).
- **Eastside Health Centers (combined): 32,361 visits** (6,076 in Eastside A, 16,913 in Eastside B, 3,048 Eastside dental).

This partnership strengthens our shared mission: ensuring every resident has a fair opportunity for good health. By investing in accessible, community-centered care, we help individuals manage their well-being, support their families, and thrive in Riverside. We are grateful to Neighborhood Healthcare for their expertise and collaboration, and to every patient who trusts us with their care.



RCHF Clinics: Total Annual Visits 2023-2025



PROUD MOMENTS

2025 was a year of meaningful recognition and achievement for Riverside Community Health Foundation, from community awards to generous fundraising contributions from schools and mission-driven organizations, each reflecting the growing support for our work and the impact we continue to make.

2025 Awards

- May 14 Advancing Diversity and Social Change Award by the American Planning Association, Inland Empire Section - Eastside HEAL Zone
- June 12 Community Service Award at the 34th General Assembly and Leadership Address hosted by the Western Riverside Council of Governments - RCHF
- September 29 2025 APA California Advancing Diversity and Social Change in Honor of Paul Davidoff Award of Excellence - Eastside HEAL Zone



The WRCOG Community Service Award



Omega Delta Omega Check Presentation

2025 Donations to The Pink Ribbon Place

- February 12 Inland Valley Association of Realtors (IVAR) – **\$10,000**
- February 19 Omega Delta Omega Chapter of Alpha Kappa Alpha Sorority – **\$3,500**
- March 13 Notre Dame High School – **\$1,086**
- April 7 San Manuel Public Safety Department – **\$2,845**
- May 28 Notre Dame High School – **\$3,202.14**
- October 7 Ramona High School Football Booster Club – **\$1,000**
- October 12 RPD Judo Tournament: Fight for the Cure – **\$20,000**
- October 21 Lady Bears Volleyball – **\$1,091.41**
- November 6 Caroline Coronado, The Sweet Toss – **\$1,505**
- December 2 Asian Business Association Inland Empire – **\$1,000**
- December 4 Texas Roadhouse – **\$5,375**
- December 4 Platinum Inland Empire Soccer Club – **\$5,254**
- December 15 Canyon Crest Golf Tournament – **\$3,775**



Inland Valley Association of Realtors Check Presentation



Riverside Police Department Check Presentation

GRANTMAKING

Strengthening Care for Children Stebler Trust Initiative

The Riverside Community Health Foundation is honored to award funding from the Fred and Eva Stebler Trust, purposed with enabling treatment and care for children under 18, especially vulnerable and low-income youth in Riverside County. The Stebler Trust supports projects that expand healthcare access, close service gaps, and improve health outcomes by strengthening physical and mental health services and delivering higher-quality, more accessible care.

In 2025, two organizations received Stebler grants and made a meaningful impact:

A Coming of Age to Adulthood, a therapeutic foster care agency, provided nurturing, trauma-informed support for children in challenging circumstances.

NORA (formerly Riverside Area Rape Crisis Center—Nurture, Outreach, Resiliency, and Advocacy) expanded compassionate, high-quality services for young survivors of abuse and violence.

Together, these partners reached **140 children and youth**, delivering expanded, trauma-informed care that helps them heal and thrive. Focused funding like this creates real change for the most vulnerable kids in our community.



RCHF Stebler Fund Grantees

A Coming of Age to Adulthood Inc. (ACOA) | \$30,000

ACOA, a treatment foster family agency, used Stebler Grant funding to expand its Intensive Services Foster Care and in-house mental health services. The grant enabled hiring a new therapist to join a multidisciplinary team, allowing ACOA to deliver high-quality, in-home behavioral health services to foster children and youth referred by Riverside County CPS who face barriers to county/state-funded care. ACOA exceeded its goal by conducting mental health assessments with **40 individuals** (surpassing the target of 36) and providing comprehensive case management, emergency assistance, and individualized treatment plans. Staff were certified in Child and Family Teams, strengthening the program's ability to promote stability, emotional well-being, and long-term health for some of Riverside County's most vulnerable youth and their caregivers.

NORA (formerly Riverside Area Rape Crisis Center) | \$30,000

The Riverside Area Rape Crisis Center—now known as **NORA** (Nurture, Outreach, Resiliency, and Advocacy)—utilized Stebler Grant funds for its **Strengthening Child and Family Resilience** program, delivering trauma-informed mental health and case management support to child and youth survivors of sexual violence and their families. Services included psychotherapy, group therapy, criminal justice orientation, parent treatment plan meetings, transportation, and strength-based clinical case management. The project strengthened community partnerships, trained **8 counselors and mental health graduate students** in clinical case management and trauma-informed care (integrating this into NORA's 40-hour sexual assault training curriculum), and reached **100 clients** with strengths-based, survivor-centered services—doubling the original target of 50 children and families.

A Coming of Age to Adulthood Inc.

Marisol's Journey of Strength and Renewal



**name has been changed to protect privacy, stock photo used*

Marisol* entered foster care at 16 after years of instability, struggling with anxiety, anger, and trust. Referred to A Coming of Age to Adulthood (ACOA), she needed urgent mental health support but faced delays in county-funded services. Through funding from Riverside Community Health Foundation's Stebler Fund, ACOA provided immediate, trauma-informed care.

Marisol received therapy, assessments, and in-home support from a multidisciplinary team, while her caregiver was coached to provide consistent, empathetic, and culturally responsive care. Over time, her anxiety decreased, emotional outbursts lessened, and she began to open up and rebuild trust. She remained stable in her placement and, with support from a mentor, secured her first job within two months and began saving for college.

Marisol's progress reflects the impact of timely, compassionate care—helping foster youth feel respected, empowered, and supported during some of the most vulnerable moments of their lives.

Nurture, Outreach, Resiliency, and Advocacy (NORA)

A Path Toward Healing After Deep Trauma

A parent who received services from NORA shared her experience after her child disclosed sexual abuse by a relative. Both the child and parent were deeply affected. The child struggled with depression, anxiety, and isolation, while the parent felt overwhelmed, unsupported, and emotionally isolated—unsure of where to turn.

NORA became a critical source of support, as its Strengthening Child and Family Resilience program reduces the long-term effects of trauma by providing families with emotional stability, tools, and resources needed to move forward.

As the parent shared: "Through trauma-informed counseling, my child was able to work on her self-esteem, find her voice, and begin to heal. Today, she is thriving and becoming the best version of herself. As a parent, I also received essential support. My counselor worked closely with me, providing guidance, emotional stability, and tools to better support my child. NORA also helped me understand and navigate complex systems such as Child Protective Services, my child's school, and law enforcement. Having someone explain these processes, advocate alongside us, and help us understand our options made an overwhelming situation feel manageable. Because of this support, not only

did my child begin to heal, but our relationship also grew stronger. While our relationship was good before, it is now healthier, more connected, and thriving."



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