



# Riverside Community Health Foundation

*Promoting Your Health*

## 2023 Proposals Granted

**\$260,000**

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### RCHF Stebler Fund 2023 Grantees

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- 1. Olive Crest** **\$30,000**  
To support Olive Crest in its provision of ongoing trauma recovery services for abused, neglected and indigent youth in Riverside County through intensive home-based services, group rehabilitation, case management, intensive care coordination and review, assessments, individual therapy, crisis intervention, and psychiatric medication management services. Staff competencies are expanded through Olive Crest's provision of Trust Based Relational Intervention (TBRI) and cultural/behavioral sensitivity training to ensure the highest levels of treatment and care.  
**Stebler Distribution/ September 2023**
- 2. Walden Family Services** **\$30,000**  
To support the "Healthy Bodies, Healthy Lives" project, serving foster children/teens with special needs, including developmental and mental, and those who are medically fragile or have disabilities. The child/teen's health challenges are adequately overseen and addressed by Walden Family Services' Social Workers, Nurse Practitioner, Mental Health Clinicians, and well-trained foster parents.  
**Stebler Distribution/ September 2023**

### RCHF Health & Racial Equity 2023 Grantees

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- 3. Big Brothers Big Sisters of the Inland Empire** **\$20,000**  
To support Big Brothers Big Sisters of the Inland Empire's mental health and wellness initiative to combat the ongoing mental health crisis in the region via: 1) expanded staff, mentor, and family trainings on improving youth mental health; 2) DEI workshops and resources to promote racial and health equity; 3) implementation of an updated social determinants of health survey to better understand how mental health needs intersect with other challenges experienced by mentees and how they can best be supported.  
**General Distribution/ December 2023**
- 4. Empower You Edutainment** **\$15,000**  
To support Empower You Edutainment in promoting mental wellness and providing understanding and strategies for healing from racism, white supremacy, and white privilege for Black youth and their families. The project titled "Elephant in the Room: Healing the Wounds of Racism" consists of a series of talks that discuss the impact of the health disparities experienced by African Americans, as well as the influence of racism on African Americans' mental health.  
**General Distribution/ December 2023**

5. **Loma Linda University Children’s Hospital Foundation** **\$20,000**  
To support Loma Linda University Children’s Hospital’s efforts to decrease health disparities and increase equity for Black children admitted to the children’s hospital with diabetic ketoacidosis (DKA) through follow-up care and navigation support services at the LLUCH comprehensive Pediatric Diabetes Center (PDC). In addition to community-supportive services, LLUCH will conduct semi-structured interviews with Black families to understand their unique experiences and barriers to outpatient health care and other community resources.  
**General Distribution/ December 2023**
6. **North County Health Project, Inc. d.b.a TrueCare** **\$19,000**  
To support North County Health Project, Inc. d.b.a. TrueCare’s “Community Empowerment Through Health Care Navigation” project, the aim of which is to empower vulnerable populations to engage in their health and navigate the healthcare system by overcoming the access barriers they face. TrueCare’s Patient Service Advocates will collaborate with its Community Outreach Workers at community outreach events in Perris and Riverside. Through a racial equity lens, these bilingual specialists will address the many educational and social drivers these traditionally underserved populations face with emphasis on education, effectively enabling at-risk individuals to receive the health-related services they need.  
**General Distribution/ December 2023**
7. **Olive Crest** **\$10,000**  
To support Olive Crest’s “Removing Barriers to Success for Minority Youth through Counseling Services” project, which utilizes a Program Trainer to provide up-to-date and critical in-house trainings to a professional team comprised of 100+ program staff who provide direct service provision and care for more than 2,800 children and families annually. Effective and expanded training will equip staff to work with a diverse and vulnerable population with increased awareness, understanding, and proficiency, in order to provide necessary counseling and support as they recover from severe trauma(s) and thrive.  
**General Distribution/ December 2023**
8. **Renewing Hope Strategies** **\$20,000**  
To support Renewing Hope Strategies’ “Moving With Hope” project, which addresses the mental health needs of Riverside County’s diverse population by providing accessible, culturally competent, and direct mental health services through Mobile Mental Health Walk-In Units. Equipped with private therapy offices that serve 1,000 clients monthly across diverse locations, from parks to low-income housing, these units offer a range of services including medication and case management, therapy, Community Health Worker (CHW) assistance for programs like IEHP, and employ a sliding scale fee system to provide free services to the uninsured.  
**General Distribution/ December 2023**
9. **Riverside Medical Clinic Charitable Foundation** **\$20,000**  
To support Riverside Medical Clinic Foundation in implementing “Riverside Project Heart,” aimed at reducing mortality from cardiac arrest. Implemented through a partnership with the City of Riverside and Riverside Fire Department, Riverside Project Heart provides PulsePoint technology, AED accessibility, and free CPR/AED education in vulnerable communities within Riverside.  
**General Distribution/ December 2023**

- 10. Diversity Uplifts, Inc., fiscal sponsor for Sankofa Birthworkers Collective of the Inland Empire** **\$18,000**
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- To support the “Mama’s Harambe” project of the Sankofa Birthworkers Collective of the Inland Empire (SBCIE), which hosts postpartum support groups led by mental health professionals for Black mothers/birthers during the early postpartum period. The project also aims to bridge the gap between the black community and healthcare professionals in maternal mental health services, by screening and identifying participants who need additional support services and providing direct referrals to other culturally congruent providers.
- General Distribution/ December 2023**
- 11. The Happier Life Project** **\$20,000**
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- To support The Happier Life Project (THLP) in increasing access and reducing barriers to resources for substance use disorder and mental health services, by working with its experientially and professionally credentialed team to create culturally relevant recovery curriculum for Latinx and Native American young people. THLP’s activities include developing curriculum, distributing educational materials, and providing free training to its community partners and other Community-Based Organizations.
- General Distribution/ December 2023**
- 12. Triage Cancer** **\$18,000**
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- To support the Triage Health “Education to Promote Health Care Access and Equity” project, aimed at mitigating the potential occurrence of, and financial burden associated with, a serious medical diagnosis—by providing education on health insurance, employment, finances, and other topics to individuals who have, or are at risk for, serious or chronic illnesses. To increase access to care in a culturally and linguistically competent manner, Triage Cancer will empower non-traditional health care professionals to improve their communities’ health by conducting a needs assessment of community health workers (CHWs), hosting a one-of-a-kind training for CHWs, distributing educational materials, and providing ongoing technical assistance to CHWs, under its Triage Health banner.
- General Distribution/ December 2023**
- 13. Walden Family Services** **\$20,000**
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- To support Walden Family Services’ “Equity in Well-Being” Program, which provides trauma-informed individual and group therapy to foster children and youth experiencing mental health challenges such as depression, anxiety, and severe trauma. This project specifically works to create health equity, focusing on treating low-income young persons of color, who traditionally do not access care at the same rate as their peers.
- General Distribution/ December 2023**