



Riverside Community Health Foundation

Promoting Your Health

2022 Proposals Granted

\$230,000

RCHF Stebler Fund 2022 Grantees

- 2. Olive Crest** **\$30,000**

To support Olive Crest in its provision of ongoing trauma recovery services for abused, neglected and indigent youth in Riverside County through intensive home-based services, group rehabilitation, case management, intensive care coordination and review, assessments, individual therapy, crisis intervention, and psychiatric medication management services.
Stebler Distribution/ September 2022
- 3. Walden Family Services** **\$30,000**

To support Walden Family Services' "Holistic Health & Healing" program, offering outpatient medical and behavioral services to foster care children and youth ages 0-18 living in Riverside County. The program includes the provision of medical equipment/supplies not covered by Medi-Cal; activities promoting physical fitness, mental health, and connectivity; and training and support for resource parents.
Stebler Distribution/ September 2022
- 4. University of California, Riverside – School of Medicine** **\$29,000**

To support the UCR School of Medicine's project titled "The Impact of a Caregiver's Chronic Illness on Psychosocial Functioning in Childhood: Turning Adversity into a Foundation for Resiliency." The project aims to provide clinical guidelines to help physicians and paraprofessionals: (1) screen for factors that might put children of caregivers with chronic diseases at risk of childhood psychosocial dysfunction (CPD), and (2) offer a trauma-informed, strength-based, and family-centered approach, point of care parenting tools, and strategies to caregivers during primary care visits to mitigate these risks.
Stebler Distribution/ September 2022

RCHF Health & Racial Equity 2022 Grantees

- 5. Big Brothers Big Sisters of the Inland Empire** **\$11,000**

To support Big Brothers Big Sisters of the Inland Empire's mental health and wellness initiative to combat the mental health crisis in the region by: 1) Supporting the organization's case management staff and family resource specialist, who work directly with at-risk youth, their families, and volunteer mentors; 2) Expanding the organization's DEI initiative to help achieve racial and health equity through workshops/trainings; 3) Implementing a new mental health and wellness survey which includes collecting, analyzing, and reporting on data to better understand mental health challenges experienced by participants and how to best support them.
General Distribution/ December 2022
- 6. Empower You Edutainment** **\$15,000**

To support Empower You Edutainment in promoting mental wellness and providing understanding and strategies for healing from racism, white supremacy, and white privilege for Black youth and their families. The project titled "Elephant in the Room: Healing the Wounds of Racism" consists of a series of talks that discuss the impact of the health disparities experienced by African Americans, as well as the influence of racism on African Americans' mental health.
General Distribution/ December 2022

7. **North County Health Project, Inc. d.b.a TrueCare** **\$10,000**
To support North County Health Project, Inc. d.b.a. TrueCare’s “Health Equity through Preventative Care” project, the aim of which is to modify processes in order to further equitable change as well as to empower pediatric patients to self-advocate and control their health. The organization’s activities include: promoting health education at Perris High School; modifying the current Medical Assistant workflow to encourage parents to leave the examination room so their child can speak privately with their providers; and amending current scripts, medical forms, and health education materials to use more inclusive language reflective of Diversity, Equity, and Inclusion principles.
General Distribution/ December 2022
8. **Walden Family Services** **\$15,000**
To support Walden Family Services’ “Healing and Well-Being for Foster Children” program, which serves low-income foster/former foster children and youth who have mental health challenges, due to being removed from their homes and suffering neglect or abuse. Through this program, Walden Family Services aims to reduce stigma, attracting and serving more children and youth, particularly those of color, and treating them with cultural sensitivity, creating a more inclusive program and a more inclusive Riverside.
General Distribution/ December 2022
9. **Young Scholars for Academic Empowerment d.b.a. TruEvolution** **\$15,000**
To support the TruEvolution Behavioral Health Institute for Early Career Professionals, which has a two-fold goal: increasing the behavioral health provider workforce in an equitable fashion and providing the underserved populations from TruEvolution’s base with high-quality, culturally humble mental healthcare. This program will provide 8 volunteer clinicians with one year of supervision while also providing 2,496 psychotherapy sessions for priority groups within a one-year period.
General Distribution/ December 2022
10. **Community Now** **\$25,000**
To support Community Now in implementing “Coaching for Cultural Success”, which delivers mental wellness supports and racial equity training in Riverside to educators who have direct influence over student success. The program equips educators and staff with social, emotional, and historical-cultural knowledge and tools that remove systemic biases that are associated with mental trauma and behavioral difficulties in student interactions.
General Distribution/ December 2022
11. **Olive Crest** **\$25,000**
To support Olive Crest’s “Removing Barriers to Success for Minority Youth through Counseling Services” project, which utilizes a Program Trainer to provide up-to-date and critical in-house trainings to a professional team comprised of 115+ professional child welfare workers who care for more than 2,800 children and families each year. Effective training will equip staff to work with a diverse population with increased awareness, understanding, and proficiency, in order to provide necessary counseling as they recover from severe trauma(s).
General Distribution/ December 2022
12. **Planned Parenthood of the Pacific Southwest** **\$25,000**
To support Planned Parenthood of the Pacific Southwest (PPPSW) in continuing its care coordination in Riverside in order to address barriers to care by connecting patients with urgent social and behavioral health services, including housing, food, transportation, and counseling. PPPSW will utilize a Care Coordination team to train its Riverside health center medical staff on screening and referral practices and trauma-informed care, and to build on community connections with social service organizations to strengthen the safety net for Riverside’s most vulnerable populations.
General Distribution/ December 2022