

IMPACT REPORT

2019



 **Community Settlement
Association**
Serving Families Since 1911

COMMUNITY SETTLEMENT ASSOCIATION PROVIDES
CULTURALLY SENSITIVE ASSISTANCE TO LOW-INCOME
RESIDENTS. TAKE A LOOK INSIDE TO SEE HOW! →

AFTER-SCHOOL PROGRAMS

161 Students enrolled

Bettering Every Student for Tomorrow (B.E.S.T.) After-School Program

Designed for students from K-8th grade, our B.E.S.T. program provides free tutoring, character-building activities, fun and recreational activities, mid-afternoon meals, and civic engagement opportunities. Through our B.E.S.T. Program, students are able to improve their reading levels, math skills, and receive exposure to science and arts projects. In addition, our summer program allows students to maintain their current reading level over the summer in preparation for the Fall.

At the beginning of the 2018-2019 school year, 65% of our B.E.S.T. After-School students were below their grade reading levels. By the end of the 2018-2019 school year (May 30th 2019), 76% of our students were either in or above their reading level (our goal was 75%).



Everyone Has Absolute Purpose (E.H.A.P.) After-School Program

Designed for high school students, our E.H.A.P. program focuses on the areas of education, life skills development and college preparation by helping to connect students to academic resources, thus preparing them for higher education and workforce opportunities through ongoing academic and social support.

Four seniors graduated from their high school and the E.H.A.P. program in June 2019. All four students enrolled at the Riverside Community College through the Star Program—a program that enables Riverside Unified School District high school graduates to attend college for two years at no cost.

“ This after-school program has been a great help to my kids. Before we started attending, my daughter was struggling in school, had behavior issues, and didn't really participate in anything. In the short time that she has been here, she has a brand new attitude. Her grades are improving, she is happier and more positive, and has a more outgoing attitude. ”

- Parent of 5th grade student

FOOD PANTRY PROGRAM

8,246 food bags distributed
(approximately 47,000 meals)

CSA's Food Pantry Program is designed to help mitigate the growing food insecurity in the City of Riverside. Unhealthy food choices and low income are among the social determinants of health that, over time, increase the risk of chronic disease. The food pantry program helps to address these risk factors by providing healthy food options to mitigate the effects of economic stressors that are often placed upon low income families.



SOCIAL SERVICES

Over 105 people assisted with translations, application assistance, and government documents.

As part of our whole-person care approach to addressing the needs of the community, CSA is able to assist individuals with challenges/barriers in accessing community resources through our Social Services Assistance Program. Through this program, we provide subsidized bus passes; translation services; assist in the completion of applications and government documents; and provide job application assistance. CSA also operates a diaper pantry and serves as a CalFresh intake center.

In 2019, CSA added legal document preparation, and a diaper bank for children and adults (through a partnership with Junior League of Riverside). These were among the top three requests made by clients regarding their needs.



HEALTH SERVICES

Over 35 homeless/uninsured individuals were provided medical service

In August 2019, CSA began offering **free health services to increase access to healthcare for low-income individuals once a month** (regardless of their ability to pay) through a partnership with Riverside University Health System's mobile health clinic. Services include health screenings, vision/hearing testing, women's health services, acute/chronic illness treatment, patient education, and access to a primary care provider.

I.C.A.R.E.

Over 285 individuals were enrolled in CSA's I.C.A.R.E. DUI program

Increasing Consumer Awareness through Responsibility and Education (I.C.A.R.E.), our state-licensed DUI program helps bring stability, self-sufficiency and positive changes, through educating on the consequences of DUI. This program educates, motivates, and increases awareness of the benefits of sobriety in order to improve the lifestyle of program participants.

INDIVIDUAL & FAMILY COUNSELING SESSIONS

Addressing the mental health of our community is key, given that poverty often leads to physiological stressors, which ultimately lead to long-term physical and mental health consequences. CSA offers mental health counseling on a sliding fee scale, as well as a monthly mental health wellness support group.

COMMUNITY GARDEN PROGRAM

We offer a **community garden program with over 24 garden plots** in which community members plant and harvest their own crops. Our program encourages self-sufficiency and healthy lifestyles for our clients. As an added benefit, this program provides an opportunity for our local residents to give back to the community by voluntarily donating a portion of their crops to the food pantry program.



HOLIDAY COMMUNITY MEALS/DRIVES

CSA partners with local businesses to provide holiday meals or food/toy drives, such as Easter breakfast, Valentine's Day breakfast, and free turkeys and trimmings for Thanksgiving through a partnership with Hensel Phelps, Inc. and Molina Health Care. Through Toys for Tots and community donations, CSA also provides free toys for Christmas to over 500 low income children.

In 2019, over 300 turkeys and trimmings were distributed at CSA for Thanksgiving through a partnership with Hensel Phelps and Molina Healthcare.

CAPACITY-BUILDING CLASSES

In addition to addressing the immediate physical needs of our clients, as part of our whole-person care approach to community outreach, we offer capacity-building classes throughout the year via partner agencies, such as citizenship classes, gang prevention workshops, small business development workshops, nutrition classes, and financial literacy classes.

COMMUNITY MEETING SPACE

Our community center provides meeting space for neighborhood groups and other community-based organizations to hold meetings and workshops. We believe that it is important to help community members maintain social engagement in their community. This social engagement has a dual benefit – it encourages residents to participate in civic engagement, and it creates opportunities for local businesses to provide ongoing support to CSA and the families we serve. In short, it connects businesses with community, giving local businesses a first-hand experience in meeting community needs.



In 2019 CSA hosted over 36 public meetings for the community.

csariverside.org

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