2017} {ANNUAL REPORT

RIVERSIDE COMMUNITY HEALTH FOUNDATION



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Riverside

HEALTH FOUNDATION

TWENTY YEARS AGO...

...a handful of hospital leaders, under the leadership of Bob Bowers, Chairman of the Board of Directors at Riverside Community Hospital made a bold decision to sell the non-profit hospital to the for-profit HCA of America. This unpopular decision provided the needed resources for the hospital to be more competitive and effective, while creating Riverside Community Health Foundation (RCHF), which has grown into a \$100 million organization serving the health needs of the Riverside.

The group of hospital leaders pictured a strong partnership in which access to health care would increase, especially for those underinsured, more health education and preventative services would be provided and grants and direct health programs would become impactful in serving those communities most in need. They imagined a prudently managed foundation overseen by a diverse board of civic leaders, where programs and endowment could be invested together to grow.

Since inception the Foundation has formulated the following programs; Eastside Health Center, Building A (began in 2000) provides over 23,000 patient visits annually and this year RCHF completed the Eastside Health Center, Building B expansion by constructing a new 7,300 square foot building, adding x-ray services and fifteen more exam rooms; Arlanza Family Health Center (2006) provides over 30,000 patient visits annually; Miles of Smiles Dental Program (2001) a dental outreach program conducted at 48 highneed elementary schools providing dental education, screening and the placement of sealants to over 30,000 children

annually; Health Education and Prevention (1997) offers Health education through seminars, multi-week health education courses, classroom presentations to schools and other organizations, exercise classes and attending over 40 health fairs, providing over 35,000 health education encounters annually. Teen Health Programs (1999) – F.A.C.T.S., (Fueling Adolescent Communities with Truths and Strategies) includes three main components: Education, Clinical Access, and Outreach. Specific programs and activities include the Riverside Challenges of Youth Coalition, CA Personal Responsibility and Education Program (PREP), RUSD Mandated Education, Teen Clinic and our Annual Young Men's Conference which provides over 16,000 adolescent interventions annually. Pink Ribbon Place Breast Cancer Resource Center (2013) provides a place of support and comfort for those diagnosed with breast cancer; Health In Motion (1999) in partnership with Health to Hope Clinics, this 38-ft mobile clinic provides 800 patient encounters to homeless individuals annually. Community Settlement Association (2016) has affiliated with RCHF and provides social services, food assistance, after school programs, substance abuse prevention and intervention services and individual counseling.

Over the first twenty years the Foundation has invested more than \$50,000 million in grants and programs in the Cities of Riverside and Jurupa Valley to provide access to care for the uninsured. The Foundation has provided over \$1,500,000 community health encounters while securing, in partnership, over \$13 million in outside funding.

Dan Anderson, D. Min., President/CEO Rich Erickson, Board of Directors Chair

RIVERSIDE COMMUNITY HEALTH FOUNDATION IS FORMED

AND GIVEN **STEWARDSHIP** OF A \$21 MILLION ENDOWMENT.



RCHF completed and developed its FIRST STRATEGIC PLAN with input from the community.

Granting and health education programs are provided at RCHF.

RCHF reaches the \$70 million mark in total assets.

Community Health Advisory is formed.



The **HEALTH EXECUTIVE EXCHANGE** is established.

The FIRST "KEEPING IT **REAL" YOUNG MEN'S CONFERENCE** is held. **HEALTH IN MOTION**, our 38-foot mobile clinic, first hits the road.

Community

Corporation

is merged into Riverside

Community Health

Health, Advocacy,

Revitalization, and

PROJECT S.H.A.R.P. (Senior

Promotion) is launched

in three off-site locations

to provide senior health

education, screenings, and

resources on a monthly basis.

PROJECT X-MEN is launched

alongside Project T.E.A.M. to

health issues in Riverside area

place at the Mark T. Williams Arlanza Family Health Center

as a pilot program working

focus on adolescent male

Groundbreaking takes

MUJERES ACTIVAS EN LA

SALUD (Women Active in

Health) is developed to

increase communication

about the services to be

offered in the new clinic.

with the Arlanza community

high schools.

Foundation.

Our Promotora / Community Outreach Program begins offering exercise and education programs in the community.

The construction of the Mark T. Williams Arlanza Family Health Center is completed.

Riverside Challenges of Youth Coalition (RCOYC) is developed to address teen issues in the area.

RCHF receives Community Challenge Grant to address teen pregnancy.

The Riverside Community Diabetes Collaborative is formed for the prevention and management of diabetes.



Health in Motion, our 38-foot mobile clinic, gets a face lift and, in partnership with Path of Life Ministries begins providing services to homeless individuals and families.

Our highest granting year on record: \$2,740,000.

RCHF reaches 500,000 interventions.

EASTSIDE HEALTH CENTER OPENS. Eastside Teen Clinic starts.

MILES OF SMILES IS LAUNCHED AT BRYANT ELEMENTARY.

25% of Riverside Community Hospital and RCHF receive an additional \$33 million for RCHF endowment.

HCA Healthcare buys the remaining

PROJECT T.E.A.M. (Teenage Education to Avoid Motherhood) begins to promote healthy attitudes.



Mark T. Williams Arlanza Family Health Center is officially opened in a June ribbon-cutting ceremony. The clinic has provided over 246,083 medical, dental, and vision services since its inception.

RCHF PASSES THE \$80 MILION MARK.

Miles of Smiles is fully operated and managed by RCHF causing an increase of staff to over



Borrego Health becomes our new clinic operator for the Eastside Health Center and Arlanza Family Health Center.

The Inland Empire Health Educators Alliance is established.

Our clinics now offer OB/GYN, internal medicine, cardiology services and a shuttle service.

Follow the Leader program was created and implemented in English and Spanish, for parents of Head Start/Preschool students on how to make healthy choices for their families.

RCHF partnered with the City of Riverside to create Start R.I.G.H.T. (Riverside Is Getting Healthy Together) a city-wide, healthy-living initiative that aims to increase health knowledge and access to fitness and nutrition.

Over 40 health fairs.

RCHF was awarded a \$1.9 million Personal Responsibility and Education Program (CA PREP) grant to expand its teen health services and implemented the "Be Proud... Be Responsible" curriculum.

In partnership with RUSD, our health educators teach three classes - "Drug and Alcohol Awareness," "Male and Female Reproductive Health," and "HIV/AIDS and Sexually Transmitted Infection Education" - to every freshman in the district.

The Jurupa Valley Collaborative mission to support education, research, and community programs was created.





RCHF reaches the \$90 million mark in total assets.

The Pink Ribbon Place merged under Riverside Community Health Foundation.

RCHF is the coordinating agency leading the efforts of the Eastside H.E.A.L. Zone initiative, a million dollar, three-year grant to increase Healthy Eating and Active Living in Eastside Riverside.

Major milestone! Riverside Community Health Foundation reached its 1,000,000th intervention.

Opened X-Ray Services and Behavioral health services at Arlanza.

Launched Salud Integral de la Mujer.

RCHF was named the 2014 Shirley N. Pettis Award by Loma Linda University Children's Hospital.

Pink Ribbon Place hosted its very first Survivor Wellness Retreat.

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The Eastside H.E.A.L. Zone completed Phase 1 and was funded for \$1 million for 3 more years (2016-2019).

RCHF takes over management over its new affiliate, Community Settlement Association.

Groundbreaking for University Avenue expansion.



RCHF headquarters moved its administration offices to 4275 Lemon Street in downtown Riverside.

RCHF celebrates 20 years with a formal black tie Gala celebration.

RCHF opened the doors to its new clinic expansion site, Eastside Health Center, Building B.

Dr. Shené Bowie-Hussey promoted to Vice President of Health Strategies.

Ninfa Delgado Transitioned to Vice President of Operations/Chief Operating Officer.







OUTREACH OMMUNITY

Health Education and Community Outreach

The goal of the health education and outreach team is to create an environment where healthy lifestyle behaviors will become the social norm. Health educators, promotores and community outreach workers play the roles of advocate, educator, mentor, role model, interpreter, and more to the members of the community, they are the bridge that connects the community to health services that the community members greatly benefit from.

Our annual health fairs remain among our most popular events in the community. The purpose of the fairs is to connect the community to our Eastside Health Center and Arlanza Health Center. The goal is to give the community the opportunity to connect with clinic staff and learn about services available at a very low cost for the uninsured and under insured. Over 2,000 (2124) residents took advantage of free health screenings, community information booths, and entertainment for the entire family. RCHF also participated in over 25 local health fairs in 2017 to raise awareness about our programs, yielding another 11,330 community encounters.



RCHF worked in collaboration with Parkview Community Hospital and Riverside Community Hospital to offer our very popular Health Education Seminars. Riverside residents who attend are able to gain indepth knowledge about how to maintain and increase quality of life through disease prevention. Seminar presentations are often delivered by physicians who also engage participants through a question and answer segment. There were 621 community encounters through the following seminars: Heart Healthy: Celebrate Your Life with Every Heartbeat; Arthritis: Causes, Symptoms and Treatment Options; and Regaining Control: Advances in Treatment of Urinary Incontinence sessions.

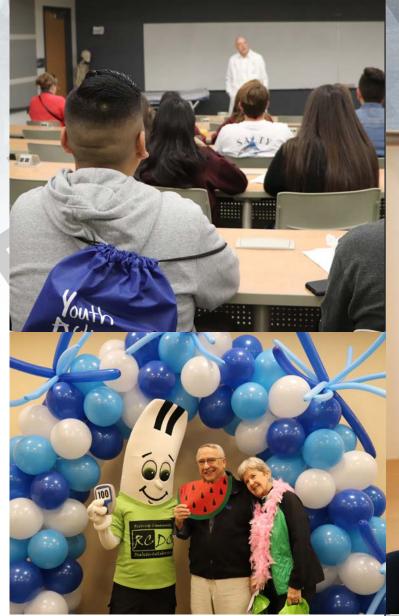


Miles of Smiles

According to the Journal of California Dental Association (August, 2017) Access Barriers: Public Health and Private Sector Collaboration, "implementation of programs to improve oral health occurs at the local level" and this has been the drive of the Foundation's approach to improving community health. According to oral health experts, school based sealant programs and the application of fluoride varnish to primary teeth have been recommended as evidenced-based strategies to prevent and reduce childhood cavities. Miles of Smiles is one of the Foundation's oldest programs, starting in May 2001 as a pilot program at Bryant Elementary in Riverside Unified School District.

In 2017, Miles of Smiles, early start program screened and applied fluoride varnish to over 500 children in Riverside Unified's preschool program and Jurupa Unified's preschool/Head Start programs. The Miles of Smiles elementary school program, provided oral health care education to over 30,000 children, screening 13,895, and placing 13,895 sealants on 3,878 children across 38 schools in Alvord, Jurupa, and Riverside school districts.

"Every year, this program becomes more thorough, more age appropriate, and increasingly important! This information will impact students' lives all their lives," shared one of RUSD's Teachers.





Chronic Disease Prevention and Management

The goal of the Chronic Disease Program is to empower community members to improve outcomes and live a happier, healthier life. The program exists to prevent and improve the management of chronic diseases. Team members provide free, bilingual prevention and management classes for those affected by diabetes, heart disease and obesity. Our program includes the following: Cooking classes that highlight diabetes friendly recipes; nutrition education, diabetes seminars with healthcare professionals; free blood pressure, BMI, and blood sugar screenings; and small and large group classes that focus on the basics of diabetes, blood sugar tests, cholesterol, blood pressure, and BMI. In addition, how to eat healthy with diabetes is a topic covered on our education classes. In 2017, there were 5529 interactions with community members through health fairs, outreach, classes and seminars.

HEAL (Healthy Eating Active Living) Zone

The HEAL Zones are a Kaiser Permanente program designed to help make healthy choices more accessible to people in underserved communities in California. The Eastside HEAL Zone Initiative is a collaborative of members representing both public and private sectors, including residents, county agencies, school district staff, community businesses, elected officials, park and community services staff, local health clinics and foundations. The initiative is resident-driven, focused specifically on the Eastside neighborhood within the city of Riverside, and facilitated by the Riverside Community Health Foundation. The Eastside HEAL Zone Initiative exists to create a culture of unity, health, hope, and leadership among community members and stakeholders.

The vision of the HEAL Zones is that communities will be

measurably transformed so that opportunities for engaging in healthy behaviors—walking and biking on safe routes, buying affordable fresh fruits and vegetables close to home, exercising in parks, and participating in active after-school programs—are part of daily life.

There were 3,687 interactions with community stakeholders in 2017. In addition, 19 members of the community graduated from the 10-week Resident Leadership Academy (228 intervention contacts), and are working on sustainable healthy eating, active living projects in Eastside Riverside. The adult and youth resident leadership has led to increased city funding and stronger partnerships that will ultimately lead to transformed communities.

EDUCATION





Be Proud! Be Responsible!

Be Proud! Be Responsible! is an evidencebased curriculum funded through the California Personal Responsibility and Education Program. The curriculum is composed of six modules that offer skills-based learning revolved around sexually transmitted infection, HIV, and teen pregnancy. The goal is to increase youth knowledge and skills that that lead to reduced risky behavior and harmful decision-making. Health educators implement this curriculum in various high school and alternate education settings within Alvord and Riverside Unified School Districts. The California health education code requires comprehensive sexual health education at least once in high school, and we congratulate North High School for partnering with us to fulfill this requirement. The curriculum was implemented with all ninth-grade students in 2017. Health educators reached 991 students through the six-module intervention, creating 5515 youth health education interactions.



RUSD Health Mandated Programming

Riverside Community Health Foundation collaborates with Riverside Unified School District to provide the state mandated health education to all its ninth graders. With the California Healthy Youth Act that passed in 2016 featuring comprehensive health education, new topics were added to the existing presentation series to fulfill the new California education code. Topics addressed included healthy relationships, gender identity and expression, birth control and pregnancy options and consent. Dialogue and closer interactions with the health educators was increased in those schools that allowed for small class sessions. This year, 2341 students participated in the 4-session intervention, leading to 8556 youth health education contacts. The curriculum was delivered at Ramona, Arlington, Poly, and Martin Luther King High Schools.

Start R.I.G.H.T (Riverside Is Getting Healthy Together)

The Start R.I.G.H.T Challenge is a city-wide healthy living campaign and challenge that aims to increase health knowledge and access to fitness and educational opportunities for those who live, work and/or go to school in Riverside. This year we kicked off our Challenge with a color run at Reid Park with over 700 participants. Throughout the 3-month long challenge, we offered a variety of exercise opportunities around the city to highlight what Riverside has to offer. Some of our Start RIGHT activities included: Bootcamps, boxing, Walks with the Mayor, weekly walks up Mt. Rubidoux, Bike with the Mayor, Tour and Taste at California Citrus State Historic Park and Tai Chi at Doty Trust Park.



Teen Clinic

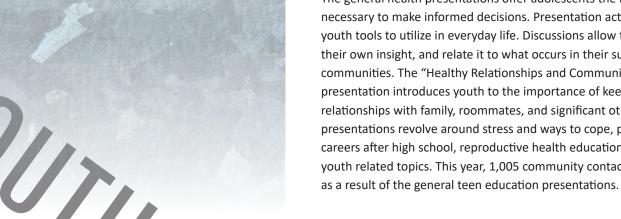
Teen Clinic is a resource offered to all youth who seek to get more information and obtain reproductive health services. Teen Clinic is offered both at the Arlanza Family Health Center and at the Eastside Health Center once a week for three hours. A safe and confidential space is available all youth during those hours where they can ask questions, play games, and learn. During the clinic, Riverside Community Health Foundation health educators are available to answer questions and educate youth about the services offered. Medically trained professionals are readily available to offer information about different options youth have. In 2017, 214 youth were reached through tabling efforts and announcements made through other program presentations. In addition, 311 Instagram followers were reached though video, images and interactive posts.

Young Men's Conference

Riverside Community Health Foundation in partnership with the City of Riverside Parks, Recreation and Community Services Department hosted their 10th Annual "Keeping it Real" Young Men's Conference. The goal of the Young Men's Conference is to empower at-risk young men to overcome the challenges they face each day, and provide resources to positively deal with those issues. Throughout the day, conference participants attended workshops and presentations that included success stories, and current opportunities available to support them in setting and achieving goals. In 2017, 143 students attended the conference, and were supported by 50 adults who were also in attendance. Students are selected by counselors and other designated staff at over 20 school sites from Alvord, Riverside, and Jurupa Unified School Districts.







COMMUNITY

PROGRAMS

General Teen Health Presentations

The general health presentations offer adolescents the information necessary to make informed decisions. Presentation activities offer youth tools to utilize in everyday life. Discussions allow them to offer their own insight, and relate it to what occurs in their surrounding communities. The "Healthy Relationships and Communication" presentation introduces youth to the importance of keeping healthy relationships with family, roommates, and significant others. Other presentations revolve around stress and ways to cope, professional careers after high school, reproductive health education, and other youth related topics. This year, 1,005 community contacts were made



Community Health Residency Partnership

This partnership is with the Riverside Community Hospital/ UCR School of Medicine Family Medicine Residency Program, and led by Dr. Deborah Streletz, Riverside Community Hospital/University of California Riverside School of Medicine, Family Medicine Residency Program Director.

The goal of the community medicine rotation is to increase resident knowledge of public and community health practice. The rotation also provides an opportunity for the medical residents to interact with community residents outside of the medical setting. As a part of the two-day orientation, Eastside HEAL Zone Resident Leadership Academy graduates share current community projects, highlights of their work, everyday life challenges and insight into their health concerns.

The partnership was launched in 2017 with eight Family Medicine Resident. Each year, RCHF will bring in a new class of eight residents to rotate through our programs. Each class will continue to work with RCHF, on a long-term project of choice, for the duration of their three-year residency.



UMMUNITV



Community Settlement Association

CSA's family of programs include the B.E.S.T. (Bettering Every Student for Tomorrow) after school program, which provides free, after-school mentoring and tutoring for students (K - 8th grade). This year the program expanded to include 9th graders. Program activities foster growth and support in: ACADEMICS, MENTORING, and SOCIAL SKILLS.

In addition, CSA offers wellness programs which include individual counseling known as CAFÉ, (Counseling and Assessment for Family Effectiveness) along with a monthly group counseling program called, The Nosotros Wellness Group.

To support the basic needs of the community, CSA's food distribution program provides groceries to over 150 individuals and families two times per week and hot meals are provided once a week in partnership with the

University Homeless Women Center. Local residents have engaged in the community garden and club, and in 2017 they participated and graduated from the Eastside HEAL Zone's Resident Leadership Academy. CSA's DUI Drinking Driver Program counselors provide education and individual and group sessions, and support to over 900 participants annually to meet the necessary requirements.

CSA has launched the Safe Spaces for Community
Resiliency, Connectedness and Empowerment project made
possible through funding by Kaiser Foundation Hospitals,
Riverside. The project adds to CSA's wellness programs by
implementing the National Council for Behavioral Health's
Mental Health First Aid (MHFA) training to organizations and
community leaders to address mental and behavioral health
in the community.



The Pink Ribbon Place

In early 2017, The Pink Ribbon Place, breast cancer resource center, settled into its new home at 4275 Lemon Street, in downtown Riverside. With the help of American Cancer Society, The Pink Ribbon Place introduced Look Good Feel Better and provided over 100 wigs to those who had lost their hair during cancer treatment. In addition to these services, The Pink Ribbon Place also offered two support groups every month, 244 counseling sessions to individuals, families and couples, 70 bras, camisoles and prosthesis, weekly exercise classes, multiple educational programs and an annual holiday giving program. Thanks to the generosity of the Riverside community, along with the funds raised through Pink on Parade and Pink Ribbon Thrift, these services were offered entirely free of charge.

Pink Ribbon Thrift

In August 2017, Pink Ribbon Thrift opened its doors at its new location at 5924 Magnolia Avenue. Within the first 6 months, sales exceeded the previous year's sales by 49%. The new location has nearly twice the square footage as the last store, providing ample workspace for the staff and volunteer team to curate and prepare donations for the store floor. In addition to fundraising, Pink Ribbon Thrift also serves as an excellent outreach tool for the foundation. All program materials and events are available at the shop to an average of 539 customers a month. Lastly, Pink Ribbon thrift serves as an avenue for community members to give back. 100% of contributions made at Pink Ribbon Thrift stay in Riverside to help local families impacted by cancer.

PINK RIBBON



Eastside Health Center, Building B

Eastside Health Center opened their doors to their 7,300-square foot expansion site (located directly across the street from the present Eastside Health Center, Building A) on September 25, 2017.

The new site has 15 additional exam rooms, full-time OB/GYN services, 2 Family Medicine doctors, rotating resident physicians from the Riverside Community Hospital (RCH)/University of California Riverside's (UCR) School of Medicine's Graduate Medical Education Program, on-site laboratory and X-Ray services.

The additional site addresses the growing health need in the Eastside, providing underserved and uninsured members of the community access to health care services.

Eastside Health Center, Building A

Eastside Health Center is operated by Borrego Health providing access to affordable medical and dental care. In 2017, the clinic produced 23,657 patient visits

Mark T. Williams Arlanza Family Health Center

Arlanza Family Health Center is operated by Borrego Health and provides medical, dental, vision, behavioral health, specialty care and x-ray services. Arlanza produced 32,617 patient visits.







"OUR COMMUNITY BENEFITS FROM THE FORWARD-THINKING LEADERSHIP OF RIVERSIDE COMMUNITY HEALTH FOUNDATION," NOTED BRUCE HEBETS, CEO OF BORREGO HEALTH. "RCHF AND BORREGO HEALTH SHARE SIMILAR GOALS OF ENHANCING ACCESS TO HEALTH CARE SERVICES AND OVERCOMING HEALTH DISPARITIES IN OUR COMMUNITY. WE ARE FORTUNATE TO ENJOY A CLOSE WORKING RELATIONSHIP WITH RCHF IN DEVELOPING PROGRAMS AND STRUCTURES TO ACHIEVE THOSE SHARED GOALS."



ANNUAL EVENTS

SoCal Women's Cancer Conference

The Southern California Women's Cancer Conference presented by Riverside Community Health Foundation, was designed to help women who are at risk of, currently undergoing, or newly diagnosed with any form of cancer to explore ways to balance their mind, body, emotions and spirit outside of standard medical care. The inaugural event took place on Saturday, June 17, 2017 at the Riverside Convention Center. The goal of the event was simple, but bold: to create an inspiring event, which provided quality education and hands on workshops that would motivate women to implement tangible life changing skills beyond diagnosis and treatment.

Cancer survivors face the long-term and life-limiting effects of the illness and its treatment that can often lead to physical, emotional, legal and financial issues. With 276 registered participants from throughout the Southern California region, the event included keynote addresses by the renowned plastic surgeon and activist, Dr. Christine Horner, and women's advocate Patti Cotton. Breakout sessions were tailored to address how cancer affects not only a person's genetic make-up, but also their mental and spiritual being.

"I made so many friends that day," said Yvette Ortega, conference participant. "There should really be more events like this... I would go to every one of them."



Since opening its doors in 1997, Riverside Community Health Foundation has reached many incredible milestones through the support of its partners, advocates, and sponsors. On May 18, 2017, Riverside Community Health Foundation celebrated another major accomplishment and milestone in its history – its 20th anniversary as a steadfast, stand-alone non-profit organization whose mission has been to improve the health and well-being of our community. The 2017 20th Anniversary Celebration gala raised nearly \$200,000 which will to help support all of Riverside Community Health Foundation's programs – from The Pink Ribbon Place's efforts for families who have been impacted by breast cancer, to education about chronic diseases such as diabetes and heart disease, and even dental care for our youngest residents!



Pink on Parade

On Saturday, October 21, 2017 Riverside Community Health Foundation hosted the 6th annual Pink on Parade – Riverside's breast cancer awareness walk. The walk took place at Ryan Bonaminio Park and Riverside's iconic Mt. Rubidoux. Two routes were created all for breast cancer awareness as a poignant metaphor for the fight against breast cancer in our community. The event drew in over 1,400 participants, from walkers to runners, young and old. As the sun rose through the summit that morning, participants took the challenge to share their love and support. Participants collectively walked over 3,624 miles up Mt. Rubidoux and around the park, and raised over \$70,000 to support the programs of The Pink Ribbon Place, Riverside's breast cancer resource center. These funds will allow The Pink Ribbon Place to continue to support women, men, and their families who have been impacted by breast cancer in our community by offering much needed counseling services, wigs, hats, prosthesis, and support.

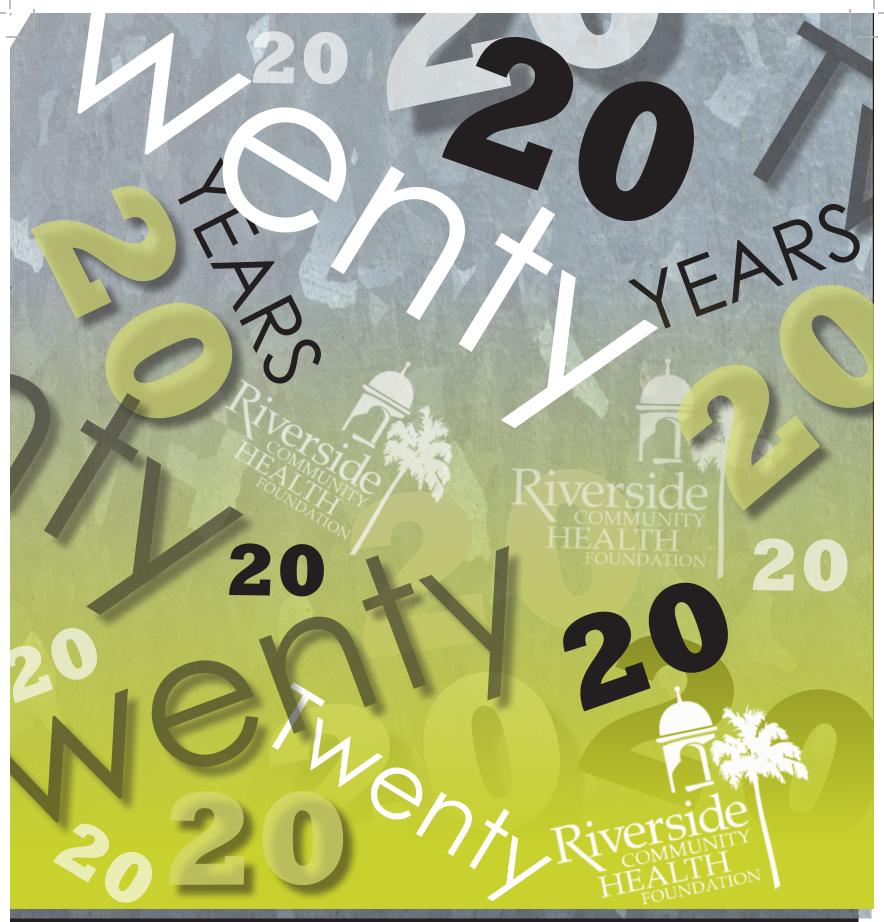
As of 12/31/17

FINANCIAL SUMMARY

	12/31/2017	12/31/2016	
Assets			
Current Assets	\$636,953	\$1,776,930	
Property & Equip, Net	11,730,414	7,416,158	
Investments	90,170,836	85,524,940	
Total Assets	102,538,203	94,718,028	
Liabilities and Net Assets			
Current Liabilities	\$1,000,142	\$1,407,300	
Long-Term Liabilities	4,783,240	3,781,972	
Net Assets	96,754,821	89,528,756	
Total Liabilities and Net Assets	102,538,203	94,718,028	
Revenues			
Contributions	\$800,979	\$1,217,557	
Interest and Dividends	1,334,873	1,140,631	
Rents	512,187	435,702	
Grants	690,665	636,754	
Total Revenues	3,338,704	3,430,644	
Expenses			
Programs / Services	\$3,819,327	\$4,801,724	
Management and General	1,159,263	777,346	
Development / Advancement / Fundraising	330,453	183,730	
Total Expenses	5,309,043	5,762,800	
Other Non-Cash Activity			
Net unrealized Gain / (Loss)			
on investment	\$9,378,706	\$3,231,660	
Depreciation Table Nation	(183,267)	(183,267)	
Total Non-Cash Activity	9,195,439	3,048,393	
Increase in Net Assets	7,225,100	716,237	

The audited financials are located at the Riverside Community Health Foundation main office.







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