



Riverside Community Health Foundation

Promoting Your Health

2020 Proposals Granted

\$324,750

- 1. Loma Linda University Medical Center** **\$25,000**

To support the Loma Linda University Medical Center in its implementation of investigational convalescent plasma treatment for COVID-19.
Inpatient Distribution/ April 2020

- 2. University of California, Riverside - School of Medicine** **\$87,500**

To support the UCR School of Medicine's Mission Awards, designed to incentivize medical students who receive their medical degree from UCR School of Medicine to remain and practice medicine in Inland Southern California. This program is one strategy in UCR School of Medicine's multi-faceted approach to reversing the physician shortage. *This 2020 grant represents Year 3 of RCHF's May 2018 commitment to a total award of \$350,000 over four years to UCR School of Medicine. RCHF funds will cover the tuition expenses of two UCR School of Medicine students over four years, through June 30, 2022.*
Other RCHF Funds/ July 2020

- 3. Loma Linda University Children's Hospital Foundation** **\$175,000**

To support the Loma Linda University Children's Hospital in its provision of inpatient health care programs, medical equipment, or insurance for medically indigent populations residing in the RCHF service area: 92501 – 92509, 92518, 92521, 92522, and 91752.
Inpatient Distribution/ November 2020

Health & Racial Equity 2020 Grantees

- 4. Community Now** **\$5,000**

To support Community Now in implementing "Coaching for Cultural Success," providing personal coaching in cultural sensitivity and trauma-informed care to educators and staff in Riverside for support of foster and at-risk students' academic and social success. The program equips educators and staff with social, emotional and historical cultural knowledge and tools that remove systemic biases associated with mental trauma and behavioral difficulties in student interactions.
Health Education/Outpatient Distribution/ December 2020 (\$3,900 Health Education/\$1,100 Outpatient)

- 5. Mighty Little Giants, Inc.** **\$5,000**

To support Mighty Little Giants in providing NICU/ pre-term birth postpartum support (including doula support) and NICU Essential Kits to mothers in Riverside and Jurupa Valley. The program addresses race and health equity gaps by implementing a postpartum curriculum and well-being tools and resources to support families experiencing preterm deliveries.
Outpatient Distribution/ December 2020

- 6. Visión y Compromiso** **\$2,250**
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- To support Visión y Compromiso in implementing educational community forums for promotores and other grassroots community leaders in Riverside and Jurupa Valley, designed to increase awareness about the impact of the pandemic on the mental health and emotional well-being of immigrant, undocumented and low-income individuals and their families in Riverside, as well as to increase awareness of local community resources. The program also provides advocacy training to members of the Regional Comité in Riverside County to increase their skills and capacity to advocate on behalf of reducing access barriers to mental health services and addressing systems changes that will improve mental health disparities in Riverside County
- Health Education Distribution/ December 2020**
- 7. Inspire Life Skills Training** **\$5,000**
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- To support Inspire Life Skills Training in providing its youth with access to mental health services, as one of the components of the “Inspiring Hope” program, which provides stable and affordable housing, mentoring, mental health counseling, life skills training, leadership development, case management and access to health and wellness services to former foster or homeless youth who do not have family support.
- Outpatient Distribution/ December 2020**
- 8. Empower You Edutainment** **\$5,000**
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- To support Empower You Edutainment’s “The Elephant in the Room: Healing the Wounds of Racism”— a program that provides youth and adults with a safe environment and opportunities to engage in discussions and activities to enhance self-esteem, foster movement towards increased resiliency, empowerment, and participate in wellness work on mental health issues that could be caused by systemic racism. With a focus on the Black and Brown population, participants will engage in workshops, acting classes, improvisation, dance, spoken word, storytelling, music and therapy type program discussions to further help them deal with emotional issues associated with living with systemic racism.
- Education Distribution/ December 2020**
- 9. Well-One Health** **\$5,000**
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- To support Well-One Health in its provision of culturally and linguistically appropriate mental health services to its adult African-American and Latino/Hispanic patients residing in Riverside by utilizing a paid part-time therapist and supervised student therapists to provide both in-person and teletherapy free of cost. This project will increase access to culturally appropriate mental health services; reduce mental health disparities; protect individuals and the community; and improve health outcomes by decreasing suffering and financial loss.
- Outpatient Distribution/ December 2020**
- 10. Encouragers Counseling & Training Centers** **\$5,000**
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- To support Encouragers Counseling & Training Centers in its provision of culturally competent mental health services and supervised therapeutic clinical experience for interns in the mental health field. This project addresses race and health equity gaps by assessing baseline levels of staff understanding of the effects of race and gender on therapeutic outcomes; reviewing current practices of therapists to determine where diversity and inclusion practices can be enhanced; implementing staff training; measuring final levels of staff understanding; and reviewing changes in practices resulting from the initial assessment and training.
- Outpatient Distribution/ December 2020**
- 11. Imtasik Family Counseling Services, Inc.** **\$5,000**
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- To support Imtasik Family Counseling Services, Inc. in addressing COVID-19-related mental health concerns through its provision of culturally competent mental health services for individuals and families residing in Riverside and Jurupa Valley, utilizing telehealth to conduct individual and group counseling. Imtasik will increase its capacity to recruit and effectively equip staff through training that emphasizes cultural competency, diversity, and inclusion.
- Outpatient Distribution/ December 2020**