

Riverside Community Health Foundation

Promoting Your Health

2019 Proposals Granted

\$909,854

1. Loma Linda University Children's Hospital Foundation

\$250,000

To support the Loma Linda University Children's Hospital in its provision of inpatient health care programs, medical equipment, or insurance for medically indigent populations residing in the RCHF service area: 92501 – 92509, 92518, 92521, 92522, and 91752.

Inpatient Distribution/ September 2019

2. University of California, Riverside - School of Medicine

\$87,500

To support the UCR School of Medicine's Mission Awards, designed to incentivize medical students who receive their medical degree from UCR School of Medicine to remain and practice medicine in Inland Southern California. This program is one strategy in UCR School of Medicine's multi-faceted approach to reversing the physician shortage. This 2019 grant represents Year 2 of RCHF's May 2018 commitment to a total award of \$350,000 over four years to UCR School of Medicine. RCHF funds will cover the tuition expenses of two UCR School of Medicine students over four years, through June 30, 2022.

Other RCHF Funds/ July 2019

3. University of California, Riverside - School of Medicine

\$100,000

To support the UCR School of Medicine Pipeline Programs, with the goal of stimulating interest in medicine and improving the competitiveness of students for entry into medical school. Funding over two years will support one program coordinator, student mentors, and programmatic activities of the UCR SOM Pipeline Programs, including the Health Sciences Partnership; Future Physicians Leaders; and Community College Outreach Programs to students in area high schools and community colleges. *This 2019 grant represents Year 2 of RCHF's May 2018 commitment to a total award of \$200,000 over two years to UCR School of Medicine, through June 30, 2020.*

Other RCHF Funds/July 2019

4. Aquamotion Ability Foundation

\$23.854

To support Aquamotion Ability Foundation in providing accessible and sustainable water aerobic programs for adults and/or seniors with limited access to user-friendly exercise options. Goals of this project are to prevent the onset of Type 2 Diabetes and/or effects of Type 2 Diabetes, and to decrease the effects of heart disease.

Health Education/Outpatient Distribution/ December 2019 (\$15,500 Health Education/\$8,354 Outpatient)

5. Janet Goeske Foundation

\$25,000

To support Janet Goeske Foundation's "Fit Fresh & Fun at 50+" program, which will implement health and wellness coach style group meetings and monitor desirable outcomes. This project will focus on improving the health management of chronic conditions and lifestyle behaviors that are associated with pre-diabetes, diabetes, heart disease, and stroke.

Health Education/Outpatient Distribution/ December 2019 (\$20,000 Health Education/\$5,000 Outpatient)

6. Path of Life Ministries \$236,000

To support Path of Life Ministries (POLM) in addressing behavioral and mental health barriers (including substance abuse) that impede homeless households from exiting homelessness by attaining and maintaining stable housing. POLM will also connect individuals with diabetes and heart disease to the appropriate levels of clinical support to aid in the management of their condition and reducing hospital stays and emergency room visits resulting from unmanaged conditions.

Outpatient Distribution/ December 2019

7. TruEvolution, Inc. \$187,500

To support TruEvolution in its implementation of evidence-based mental and substance use disorder treatment/practices that are trauma-informed and recovery-oriented. Goals of this project are (1) Improve the health outcomes and quality of life for high risk youth populations with at least one Major Depressive Episode (MDE) and adults with Any Mental Illness (AMI) through trauma-informed therapeutic and supportive services; and (2) Improve coordinated referrals, warm hand-offs, and linkage to supportive services.

Outpatient/Stebler Distribution/ December 2019 (\$131,250 Outpatient/\$56,250 Stebler)