



Riverside Community Health Foundation

Promoting Your Health

2018 Proposals Granted

\$1,544,000

- 1. Riverside University Health System Foundation** **\$300,000**

To support the Riverside University Health System in its provision of inpatient health care programs, medical equipment, subsidizing or reimbursing inpatient healthcare, or insurance for medically indigent populations residing in the RCHF service area: 92501 – 92509, 92518, 92521, 92522, and 91752.
Inpatient Distribution/ March 2018
- 2. Parkview Community Hospital Medical Center** **\$150,000**

To support Parkview Community Hospital Medical Center in its provision of inpatient health care programs, medical equipment, or insurance for medically indigent populations residing in the RCHF service area: 92501 – 92509, 92518, 92521, 92522, and 91752.
Inpatient Distribution/ July 2018
- 3. University of California, Riverside - School of Medicine** **\$100,000**

To support the UCR School of Medicine Pipeline Programs, with the goal of stimulating interest in medicine and improving the competitiveness of students for entry into medical school. Funding over two years will support one program coordinator, student mentors, and programmatic activities of the UCR SOM Pipeline Programs, including the Health Sciences Partnership; Future Physicians Leaders; and Community College Outreach Programs to students in area high schools and community colleges. *This 2018 grant represents Year 1 of RCHF's commitment to a total award of \$200,000 over two years to UCR School of Medicine, through June 30, 2020.*
Other RCHF Funds/ May 2018
- 4. University of California, Riverside - School of Medicine** **\$87,500**

To support the UCR School of Medicine's Mission Awards, designed to incentivize medical students who receive their medical degree from UCR School of Medicine to remain and practice medicine in Inland Southern California. This program is one strategy in UCR School of Medicine's multi-faceted approach to reversing the physician shortage. *This 2018 grant represents Year 1 of RCHF's commitment to a total award of \$350,000 over four years to UCR School of Medicine, RCHF funds will cover the tuition expenses of two UCR School of Medicine students over four years, through June 30, 2022.*
Other RCHF Funds/ May 2018
- 5. Loma Linda Children's Hospital Foundation** **\$250,000**

To support the Loma Linda University Children's Hospital in its provision of inpatient health care programs, medical equipment, or insurance for medically indigent populations residing in the RCHF service area: 92501 – 92509, 92518, 92521, 92522, and 91752.
Inpatient Distribution/ July 2018
- 6. Path of Life Ministries** **\$236,000**

To support Path of Life Ministries (POLM) in addressing behavioral and mental health barriers (including substance abuse) that impede homeless households from exiting homelessness by attaining and maintaining stable housing. POLM will also connect individuals with diabetes and heart disease to the appropriate levels of clinical support to aid in the management of their condition and reducing hospital stays and emergency room visits resulting from unmanaged conditions.
Outpatient Distribution/ December 2018

7. **Family Service Association** **\$49,000**
To support Family Service Association in providing its Diabetes Prevention Program (DPP), which has two primary goals: (1) to develop and implement an integrated approach in the community for individuals to understand and access resources relating to diabetes and behavioral health; and (2) to provide a year-long lifestyle intervention program that will increase participants' understanding of diabetes and reduce their risk of diabetes by 58%.
Outpatient Distribution/ December 2018
8. **Janet Goeske Foundation** **\$25,000**
To support Janet Goeske Foundation's "Fit Fresh & Fun at 50+" program, which will implement health and wellness coach style group meetings and monitor desirable outcomes. This project will focus on improving the health management of chronic conditions and lifestyle behaviors that are associated with pre-diabetes, diabetes, heart disease, and stroke.
Health Education/Outpatient Distribution/ December 2018 (\$20,000 Health Education/\$5,000 Outpatient)
9. **American Heart Association** **\$39,000**
To support the American Heart Association, which will partner with faith-based organizations, community centers, and clinics to promote its *Check.Change.Control* program. Goals of this project are to improve blood pressure control in high-risk populations of Riverside, and to raise awareness that diabetes is linked to hypertension and the risks involved.
Outpatient Distribution/ December 2018
10. **Alvord Unified School District** **\$32,500**
To support the Alvord Unified School District in providing nutrition education to staff, students and community members via its Wellness Ambassadors, and hosting Wellness Events providing direct access to health care and clinical resources. The goal of this project is to prevent and reduce the level of obese/overweight students and families in AUSD through improved nutrition education, physical activity and supportive environments, in an overall effort to decrease the risk for co-morbidities such as Cardiovascular Disease and Type 2 Diabetes.
Health Education/Outpatient Distribution/ December 2018 (\$23,245 Health Education/\$9,255 Outpatient)
11. **Community Access Center** **\$8,000**
To support the Community Access Center in providing Living Well with a Disability Workshops, an evidence-based peer-led self-management program that covers topics including goal setting, problem solving, healthy reactions, beating the blues, healthy communications, information seeking, physical activity, eating well, advocacy, and peer support. The goal of this project is to reduce the disparity of obesity between people with disabilities and non-disabled who reside in the City of Riverside.
Health Education Distribution/ December 2018
12. **Aquamotion Ability Foundation** **\$17,000**
To support Aquamotion Ability Foundation in providing accessible and sustainable water aerobic programs for adults and/or seniors with limited access to user friendly exercise options. Goals of this project are to prevent the onset of Type 2 Diabetes and/or effects of Type 2 Diabetes, and to decrease the effects of heart disease.
Outpatient Distribution/ December 2018

13. TruEvolution, Inc.

\$250,000

To support TruEvolution in its implementation of evidence-based mental and substance use disorder treatment/practices that are trauma-informed and recovery-oriented. Goals of this project are (1) Improve the health outcomes and quality of life for high risk youth populations with at least one Major Depressive Episode (MDE) and adults with Any Mental Illness (AMI) through trauma-informed therapeutic and supportive services; and (2) Improve coordinated referrals, warm hand-offs, and linkage to trauma-informed therapeutic and supportive services.

Outpatient Distribution/ December 2018