



**Monday
September 17
5:30 - 7:30 pm**

MEN'S HEALTH

free dinner seminar



Lifestyle Medicine Solutions
PRIMARY CARE PLUS



Lifestyle Medicine Solutions offers a FREE health & lifestyle assessment for seniors with Medicare. Call (800) 905-6818 and mention Parkview to schedule your appointment.

Join Dr. Sameer Ohri for a presentation on *Why Wellness Makes Sense for You*. You'll learn about the top health concerns for men today, how to talk to your doctor, and ways to live a healthier, longer life.

TO RSVP FOR DINNER & SEMINAR:
Call: 951-788-3471

LOCATION:
Parkview Community Hospital
FOUNDERS CENTER
3865 Jackson Street • Riverside