

TOGETHER WE CAN!

DIABETES MINI-SERIES: HEART TO HEART ABOUT DIABETES



Wayne Dysinger | MD, MPH
Lifestyle Medicine Solutions

Monday **AUGUST** 5:15PM-8PM
20 Parkview Community Hospital
Founders' Center
3865 Jackson Street, 92503

Learn:

- Ins and outs of heart disease
- How to prevent or delay the development of heart disease
- Questions to ask your doctor to help you manage your diabetes and risk for heart disease successfully

Join us at the next Mini-Series to discover how you can protect your heart!

Did you know that adults with diabetes are between 2 and 4 times more likely to develop heart disease?

FREE

NUTRITIOUS DINNER

HEALTH SCREENINGS

INTERACTIVE PRESENTATION

Q&A WITH DOCTOR

Pre-registration is required. To register, please call (951) 788-3471 ext. 193.

