

FREE

Women's Health SEMINAR

Hormonal Changes and How They Affect Chronic Disease

Registration starts at 5PM

Dinner will be provided



Dipika Pandit, MD, MPH

Lifestyle Medicine Solutions

MAY 7, 2018

5:30PM-7:30PM

**Parkview Community Hospital
(Founders Center)
3865 Jackson St., Riverside, CA 92503**

*Must register to attend.
Please call Rachel at (951) 788-3471.*

Please join us and learn how
nutrition, mental health and
exercise are related to hormonal
changes and chronic disease.

