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RIVERSIDE COMMUNITY HEALTH FOUNDATION HOST SOUTHERN CALIFORNIA'S FIRST WOMEN'S CANCER CONFERENCE AT RIVERSIDE CONVENTION CENTER!

(Riverside, CA) April 11, 2017- Riverside Community Health Foundation is proud to present the inaugural Southern California Women's Cancer Conference on Saturday, June 17, 2017 at the Riverside Convention Center located at 3637 5th Street, Riverside, CA 92501. The purpose of the Southern California (SoCal) Women's Cancer Conference is to bridge the gap between survivorship and wellness after conventional medical treatment and diagnosis. This one-day conference will provide quality education and hands-on workshops, to encourage and inspire life-changing skills for female cancer survivors.

With over 2 million female cancer survivors living in the US today, cancer survivors face the long-term and life-limiting effects of the illness and its treatment that often lead to physical, emotional, legal and financial issues. "Over the last 7 years, I had struggled with what it really meant to live as a breast cancer survivor. Yes, I had survived the treatments and am cancer free, but I no longer felt like the same woman," shared Kathie Westley, Chair of Breast Resource Advocates (BRA) Steering Committee for The Pink Ribbon Place, a program of Riverside Community Health Foundation. "For better or for worse, breast cancer had changed me, and it took me many years to realize how to truly 'heal' my soul. In reality... I'm still learning."

According to the National Cancer Institute, survivorship is the focus on the "health and life of a person with cancer post treatment until the end of life. It covers the physical, psychosocial, and economic issues of cancer, beyond the diagnosis and treatment phases." In 2006, the Commission on Cancer (a part of the American College of Surgeons) mandated that its 1,500 accredited cancer care facilities provide survivorship care plans by 2015 in order to continue their accreditation. This recognition has made it clear that the healing process is more than the treatment of cancer - but more about the "whole being."

"The SoCal Women's Cancer Conference was designed by our advisory and planning committee to help explore ways for a woman to balance her mind, body, emotions, and spirit through education and connections with resources, information, but most of all - with one another," said Anna Holbrook, The Director of Special Events and Development at Riverside Community Health Foundation. The advisory and planning committee also includes organizations such as City of Hope, Myriad Genetics, Breastlink/Radnet, US Oncology Group, Cancer Triage, and local female cancer survivors.

The one-day conference is complete with a healthy breakfast to kick start the day, and will provide a variety of break-out sessions on topics such as, advocacy, genetic counseling, health insurance and more. Keynote speakers include Jessica Queller a television writer also known as "the WB darling" for writing hit TV shows such Super Girl, Gilmore Girls, One Tree Hill, and Felicity. Jessica who has experienced an illustrious career in television, is also the author of "Pretty is what Changes," a memoir about her mother's struggle with breast and cervical cancer and her own personal diagnosis with the BRCA gene.

"There is nothing like the Women's Cancers Conference in the Inland Empire, Southern California - or even the West Coast," notes Dr. Dan Anderson, President/CEO of Riverside Community Health Foundation (RCHF), a local non-profit organization whose mission is to improve the health and well-being of the community. "That is why we [RCHF] are proud to start the survivor movement by organizing and hosting the inaugural SoCal Women's Cancer Conference not only for our neighbors, but for all of Southern California."

Tickets for the event start at \$45, however, free tickets are available for a limited time. For more information about the SoCal Women's Cancer Conference or to register, please visit <http://www.socalwcc.org>.

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Riverside Community Health Foundation, is a non-profit organization dedicated to improving the health and well being of the community. The Foundation has an abundance of programs focused on providing high quality health care services and education. A few of their programs include but are not limited to, Riverside Community Diabetes Collaborative, Miles of Smiles and The Pink Ribbon Place--Riverside's first breast cancer resource center, providing support to all women, men and their loved ones going (or have been) through breast cancer at no cost.

**For more information about this press release, please contact Anna Holbrook at
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